

Jennifer Walters

Educational Background:

B.A. Health Promotion University of Northern Iowa, 2010

MPH Social, Behavioral, & Community Health Indiana University, 2012

Current Position: Master of Public Health student

Immediate Past Professional Position: Intern-Iowa Department of Public Health: Bureau of Nutrition and Health Promotion

Professional Activities:

- Graduate Assistant for Undergraduate Community Health course at Indiana University
 - Will be co-developing a research project with the Dean during the spring semester
- Bartholomew County Healthy Communities intern
- Indiana University Master of Public Health Student Assembly student member and public relations representative
- University Coalitions for Global Health student member

AAHE/AAHPERD Professional Activities and Service - National, District or State:

- 2010 recipient of AAHE Outstanding Undergraduate Health Education Major of the Year Award.

Brief Statement

I view health education as a necessary and essential component to ensuring people have the knowledge, skills, and resources they need to live healthy and productive lives. I believe that successful health education programs are the result of collaboration and leadership among health professionals working towards the common goal of optimizing the health and well-being of all individuals. Furthermore, I feel that as health educators, we must not over-emphasize the role of the individual; rather, we should consider the social and environmental factors that impact health status. The choices people make are the choices people have, so we must not only strive to increase health knowledge, but we should also aim to increase access to health resources.

The American Association for Health Education is a highly reputable and well respected organization in the health community, and it would be an honor to serve on the Board of Directors. As the student representative, I would actively participate in all AAHE activities and provide mentorship to other students. I would also facilitate communication among members of the profession, the lay public, and other health education students when planning programs for the annual convention to ensure the diverse interests of others are represented. Throughout my academic career, I have excelled in the classroom, but I realize that simply having knowledge and skills in public health is of little value unless I apply what I have learned through leadership and practice. Serving on the Board of Directors would allow me to apply the skills I have learned to help enhance the health and well-being of others.