

Response form for Certified Health Education Specialist (CHES) Category I Credit from IEJHE

Name: _____ CHES # _____

E-mail Address: _____ (Certificates will be sent via email)

International Electronic Journal of Health Education CEU Article Event # I0706

Breastfeeding Education, Support, and Barriers among Iraqi Refugee Women in Jordan

Congruent to Responsibility VII: Communicating health and health education needs, concerns and resources

Circle the letter of the correct response. A passing score is 80%.

1. UNICEF estimates that _____ infant deaths could be avoided each year if all infants were exclusively breastfed from birth to at least six months.
 - a. 1.5 million
 - b. 2 million
 - c. 2.5 million
 - d. 3 million
2. One study on refugees in Guinea-Bissau found that children who did not breastfeed had a _____ increase in mortality rates during the first 3 months of conflict compared to children who were breastfed even controlling for factors such as living with mother, gender, ethnicity and mother's schooling.
 - a. twofold
 - b. threefold
 - c. sixfold
 - d. tenfold
3. The purpose of this study was to evaluate the level of access of Iraqi refugee women to
 - a. breastfeeding education and support
 - b. sources of education and support
 - c. perceived barriers to breastfeeding
 - d. all of the above
4. Analyses were based on survey results of Iraqi refugee women ages 18 and older who
 - a. were born in Iraqi
 - b. had give birth within the last year
 - c. had completed high school
 - d. had been breastfed as a child
5. The questionnaire was developed in English and evaluated by _____ for content validity.
 - a. English teachers
 - b. WHO physicians
 - c. Health Educators
6. Participants ranged in age from 18 to _____.
 - a. 21
 - b. 31
 - c. 41
 - d. 51
7. Factor analysis identified two factor groupings which were labeled "health and well being" and
 - a. disease
 - b. barriers
 - c. body type
 - d. education
8. The majority of Iraqi refugee women indicated that relatives or friends were the primary influence on their decision to breastfeed.
 - a. true
 - b. false
9. Peer counseling in this special population should consider what barriers?
 - a. breastfeeding may be embarrassing
 - b. breastfeeding prevents accomplishment of normal activities
 - c. breastfeeding is too hard
 - d. all of the above
10. In addition to the educational and supportive role of peer counseling programs, they may also provide guidance for
 - a. solving family conflict
 - b. making good choices
 - c. prenatal care
 - d. determining normal infant behavior

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