

**Response form for Certified Health Education Specialist (CHES) Category I Credit from IEJHE**

Name: \_\_\_\_\_ CHES # \_\_\_\_\_

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*International Electronic Journal of Health Education CEU Article Event # I0706*

**Breastfeeding Education, Support, and Barriers among Iraqi Refugee Women in Jordan**

*Congruent to Responsibility VII: Communicating health and health education needs, concerns and resources*

*Circle the letter of the correct response. A passing score is 80%.*

1. UNICEF estimates that \_\_\_\_\_ infant deaths could be avoided each year if all infants were exclusively breastfed from birth to at least six months.
  - a. 1.5 million
  - b. 2 million
  - c. 2.5 million
  - d. 3 million
2. One study on refugees in Guinea-Bissau found that children who did not breastfeed had a \_\_\_\_\_ increase in mortality rates during the first 3 months of conflict compared to children who were breastfed even controlling for factors such as living with mother, gender, ethnicity and mother's schooling.
  - a. twofold
  - b. threefold
  - c. sixfold
  - d. tenfold
3. The purpose of this study was to evaluate the level of access of Iraqi refugee women to
  - a. breastfeeding education and support
  - b. sources of education and support
  - c. perceived barriers to breastfeeding
  - d. all of the above
4. Analyses were based on survey results of Iraqi refugee women ages 18 and older who
  - a. were born in Iraqi
  - b. had give birth within the last year
  - c. had completed high school
  - d. had been breastfed as a child
5. The questionnaire was developed in English and evaluated by \_\_\_\_\_ for content validity.
  - a. English teachers
  - b. WHO physicians
  - c. Health Educators
6. Participants ranged in age from 18 to \_\_\_\_\_.
  - a. 21
  - b. 31
  - c. 41
  - d. 51
7. Factor analysis identified two factor groupings which were labeled "health and well being" and
  - a. disease
  - b. barriers
  - c. body type
  - d. education
8. The majority of Iraqi refugee women indicated that relatives or friends were the primary influence on their decision to breastfeed.
  - a. true
  - b. false
9. Peer counseling in this special population should consider what barriers?
  - a. breastfeeding may be embarrassing
  - b. breastfeeding prevents accomplishment of normal activities
  - c. breastfeeding is too hard
  - d. all of the above
10. In addition to the educational and supportive role of peer counseling programs, they may also provide guidance for
  - a. solving family conflict
  - b. making good choices
  - c. prenatal care
  - d. determining normal infant behavior

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