



AAHE InfoSource

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Did You Know?

You Can Register Now to Attend the AAHE Mid-Year Meeting

**Empowering Our Nation through Health Education
Engage, Challenge, Inspire
June 14-17, 2009
Harrisburg, Pennsylvania**

**In partnership with the National Association of Health Education
Centers and Pennsylvania AHPERD
Registration: www.aaheinfo.org**

AAHE Elects New Officers

Newly elected members of the AAHE Board of Directors:

Karen Cottrell, Hopewell Junior High School
Carolyn Parks-Bani, Centers for Disease Control and Prevention
Donna Videto, State University of New York, Cortland
Melissa Haithcox, University of Wisconsin, Whitewater (Graduate Student Member)

AAHE Award Recipients for 2009

AAHE Scholar - Joyce V. Fetro

Horizon Award - Michele Wallen

Professional Service Award - John Bonaguro - Beverly Mahoney - Raffy Luquis

Distinguished Service Award - Kaiser Permanente Education Theatre Program

Barbara A. Cooley Scholarship - Janet Hinkel
Bill Kane Scholarship - Christina C. McAvinney
Delbert Oberteuffer Scholarship - Lindsay A. Taliferro
Will Rogers Institute Fellowship - Karissa D. Horton
Health Education Professional of the Year Awards – Administration William Zimmerli - **College/University** Shannon Whalen -- **School K-12** Bonnie Lane
AAHE Fellows - John Bonaguro - Lori Dewald - Brian Geiger - Raffy Luquis - James McKenzie

Congratulations to AAHE Members Danny Ballard on receiving an AAHPERD¹ Honor Award and Zan Gao for the Mabel Lee Award.

To make nominations for the 2010 AAHE awards go to www.HEawards.org

First Blue Apple Awards Presented

The American Association for Health Education (AAHE) and Health Teacher.com are pleased to announce the first recipients of the Blue Apple Health Education Awards. These annual awards provide schools with national recognition for leadership and commitment to quality school health education that promotes healthy behaviors and increased learning for all students. The awards were presented during the 2009 Tampa Convention.

Middle School Awards:

Dakota Meadows Middle School, North Mankato, Minn.
Kaiserlautern Middle School, Department of Defense School, Germany
Mt. Ararat Middle School, Topsham, Maine

High School Awards:

Chula Vista High School, Chula Vista, Calif.
Mankato East High School, Mankato, Minn.
North High School, Eau Claire, Wis.
Parkside High School, Salisbury, Md.
Validus Preparatory Academy, Bronx, N.Y.
Whitmer High School, Toledo, Ohio – Awarded with Distinction
Windham High School, Windham, Maine – Awarded with Distinction

AAHE Case Study Competition Winners

First Place:

¹ American Alliance for Health, Physical Education, Recreation and Dance

Eastern Illinois University

Jenna Manigold
Breanne Stillwell
Angelina Montleon
Julie Dietz, Professor

Second Place:

Gustavus Adolphus College

Amy Knutson
Annie Berger
Catherine Osterhaus
Karl L. Larson, Professor

Third Place:

Abilene Christian University

Sara Montgomery
Ana Pruteanu
Jasmine Maranca
Sheila Jones, Professor

Tampa Convention Thank You & Omissions

AAHE would like to thank the following individuals who served in the capacity as speakers or presiders during the recent 2009 Tampa Convention. In several cases the program was printed without the correct information while others volunteered to step in after the program had been printed. We sincerely thank one and all for their participation.

AAHE Sexuality Education Programs, Kandice Johnson, Ping Johnson and Jane Petrillo, Kennesaw State University, Kennesaw, GA – Dr. Kandice Johnson's name was left out of the official program book in error.

Ellen Edmonds, University of Central Arkansas, Presider, Strategies for Addressing HIV Prevention

Lilliam Rosado, New Jersey City University, Presider, School Health Success Stories

Jane Elphingstone, University of Central Arkansas, Presider, Supporting Coordinated School Health

Gayle Bush should have been listed as the first author of the poster "Developing a Research Proposal: Key to a Successful Research Project"

Marlene Tappe, Mankato State University, Speaker, AAHE Reflections Program and Presider, Outrageous Health Education Teaching Techniques in the 21st Century

Katherine Wilbur, Alliance for a Healthier Generation, Speaker, National Initiatives in Health Education presenting information on the AAHE Blue Apple Awards. Her name was left out of the official program book in error.

2009 AAHE/HEDIR Technology Award Recipient

The purpose of AAHE/HEDIR Technology Award is to recognize a health educator, or a group, who has made exceptional contributions or who has transformed the profession of health education through technology. The award was created by Mark Kittleson, owner of the HEDIR in 1997. The American Association for Health Education (AAHE) is a partner with HEDIR on this Award.

The 2009 AAHE/HEDIR Award recipient is Dr. Jody Oomen-Early from Texas Woman's University. Dr. Oomen-Early has been a long time advocate for using technology and it is most fitting that she is this year's recipient. Details are being worked out for her to give a presentation next year at the AAHE HEDIR Technology Seminar.

Our previous winners have included Robert Gold, Billie Lindsey , Vic Strecher, Judy Baker , Alyson Taub, James Eddy, Michael Pejsach, HPCAREER.net/Michaela Conley, Don Chaney, Elaine Auld, Min Qi Wang, Mark Tomita, Cristy Jefson, BlueKids.org, Valerie Ubbes.

National Survey Finds a Decrease in the Percentage of Adolescents Seeing Substance Use Prevention Messages in the Media

A new national report both discouraging and encouraging news about the state of efforts to inform young people about the risks of underage drinking and illicit substances. The report, based on a series of national surveys, finds that a smaller percentage of adolescents (age 12-17) were exposed to substance use prevention messages in 2007 than in 2002. Similarly, a smaller percentage of adolescents are participating in out of school substance use prevention programs, according to the report by the Substance Abuse and Mental Health Services Administration (SAMHSA).

However, the report shows a significant rise during this same period in the level of adolescents who engaged in substance abuse-related conversations with at least one parent. The report shows that these conversations are associated with lower rates of current substance use by an adolescent. Adolescents who had conversations with their parents about the dangers of substance abuse were significantly less likely to be current users than those who did not have such conversations with their parents.

Exposure to prevention messages provided in school settings were associated with lower rates of current substance abuse. The level of exposure to these messages, however, did not differ significantly between 2002 and 2007. The report found mixed results regarding the association between media substance use prevention messages.

The full report is available on the Web at URL <http://oas.samhsa.gov/2k9/prevention/prevention.cfm>. Copies may be obtained free of charge by calling SAMHSA's Health Information Network at 1-877-SAMHSA-7 (1-877-726-4727) or go to <http://ncadistore.samhsa.gov/catalog/productDetails.aspx?ProductID=18032>. For related publications and information, visit <http://www.samhsa.gov/>.

U.S. ED's OSDFS' STUDENT DRUG-TESTING INSTITUTE ANNOUNCES NEW WEB SITE

The U.S. Department of Education's Office of Safe and Drug-Free Schools' Student Drug-Testing Institute (SDTI) recently announced the launch of its new Web site. The site serves as a clearinghouse for resources on student drug-testing programs. The Institute and its web site aims to answer questions on all aspects of student drug-testing programs and provide guidance to students, education professionals, and researchers, as well as to athletic coaches, health professionals, and public officials. The web site's interactive features include a linkable map of state drug-testing programs; a calendar of national workshops, trainings, and Webinars.

To access this new web site, please go to <http://sdti.ed.gov>

Join the Healthy Schools Program's Network for free!

The Alliance for a Healthier Generation – a joint partnership between the American Heart Association and the William J. Clinton Foundation working to combat childhood obesity across the U.S. – knows schools are powerful places to not only teach children the academic skills they need to succeed, but also healthy habits for life. The **Alliance Healthy Schools Program provides free, comprehensive support and recognition** to develop healthier school environments.

Anyone interested in making schools healthier places for students to learn and staff to work can join the Healthy Schools Program's Network at HealthierGeneration.org/schools and receive access to a wealth of resources at **no cost**. Sign-up is quick and easy, so join today for immediate access to tools and support for a healthier school.