



AAHE InfoSource

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Did You Know?

Program proposals are still being accepted - until February 15 2009 for the AAHE Mid-year Conference in collaboration with the National Association for Health Education Centers. The 5 year history of this mid-year conference has been wonderful. We encourage you and/or your graduate students to submit a program or poster proposal – you may do so by going to <http://www.nahec.org/proposal.php>

Come out to join us and enjoy the keynote speakers – concurrent program sessions – and a special opportunity to visit a health education center in person! Approximately 200 people attend and this year the conference will be in **Harrisburg, Pennsylvania June 14-17.**

In addition, program presenters enjoy a significant reduction on registration fees!

"Health/Wellness with Dance in Mind" Intensive Workshop

Tuesday, March 31, 2009

AAHPERD National Convention, Tampa, FL

NDA and AAHE will collaborate for a full-day conference that focuses on critical health, nutrition, somatics and conditioning issues for dance and physical educators. Emphasis is given to the best and safest ways to prepare for dance and performance. Registrants may apply for CEUs.

- ◆ Many Stressors-One Remedy: Breath Control with Yoga
- ◆ Holistic Techniques for Dance Conditioning
- ◆ What is this thing called Core? Pilates Methods Fundamentals
- ◆ Minimize Inflammation and Maximize Performance: Nutrition Interventions for Dancers
- ◆ Let's Dance for Health-Enhancing Memory and Learning

- ◆ Making Connections: Improving Skills by Knowledge from Dance Disciplines
- ◆ Still Point: The Moment between Actions: Point of Perfect Balance/Feldenkrais
- ◆ Creating Choreography Using Smatic Principles
- ◆ Trends and Issues in Body Image: Media Analysis

Ticketed Event Info

	Advance	On-site
Member Rates:	\$60	\$65
Non-Member Rates:	\$75	\$100

For more information, www.aahperd.org/convention

Report Reveals More Than 1 in 10 Adults Experienced Serious Psychological Distress

Report shows that less than half of those with serious psychological distress received mental health services

An estimated 24.3 million people aged 18 years or older experienced serious psychological distress (SPD) in the past year – and only 44.6 percent of them received any kind of mental health services, according to a report by the Substance Abuse and Mental Health Services Administration (SAMHSA). Serious psychological distress is an overall indicator of past-year mental health problems such as anxiety and/or mood disorders. Serious Psychological Distress and Receipt of Mental Health Services also highlights significant differences in the levels of serious psychological distress suffered among various demographic groups, as well as considerable differences in the level of mental health services they received.

The report provides a breakdown on the types of mental health services (e.g., inpatient, outpatient, prescription medication, and combinations) that people with SPD received. The report is drawn from SAMHSA’s 2007 National Survey on Drug Use and Health (NSDUH) which collected data from a representative sample of 45,000 civilian, non-institutionalized adults throughout the United States.

The full report is available on the web at <http://oas.samhsa.gov/2k8/spdtx/spdtx.cfm>. Copies may be obtained free of charge by calling SAMHSA’s Health Information Network at 1-877-SAMHSA-7 (1-877-726-4727). For related publications and information, visit <http://www.samhsa.gov/>.

Advancing School Mental Health

The 14th Annual Conference on Advancing School Mental Health will be held November 2-4, 2009 at the Hilton Minneapolis, Minneapolis, Minnesota. The Conference is sponsored by the Center for School Mental Health (CSMH) and the IDEA Partnership. The theme of this year's conference is School Mental Health: Promoting Success for All Students. The conference features twelve specialty tracks and offers speakers and participants numerous opportunities to network and advance knowledge and skills related to school mental health practice, research, training, and policy.

Further information is available at <http://csmh.umaryland.edu>

2009 School Safety and Bullying Prevention Symposium

May 7th 2009 School Safety and Bullying Prevention Symposium

May 6th 2009 Pre-Conference Skill Builder and i-Safe Certification

To register for the May 7th 2009 School Safety and Bullying Prevention Symposium and/or the Pre-Conference session on May 6th please complete this form and mail it with a check or purchase order to the Ohio Commission on Dispute Resolution. Checks and purchase orders should be payable to the Ohio Commission on Dispute Resolution and must be received by April 23rd to ensure your place at the event. No refunds will be issued after April 30th, 2009.

Space is very limited!! To reserve your place, please register ASAP. Payment must be received by April 23rd, 2009. Registration closes April 23rd or when registration or when we reach capacity.

Contact: **Ohio Commission on Dispute Resolution**

Attn: Lesley Walden

77 S. High St. 24th Floor

Columbus, Ohio 43215

Phone: 614-752-9595

Fax: 614-752-9682

Questions: The Ohio Commission on Dispute Resolution and Conflict Management at: (614) 752-9595, or email at: Sarah.Wallis@cdr.state.oh.us

CDC Risk Communicator Resources

This month's academic spotlight, "[Marsha Vanderford et al's Emergency Communication Challenges in Response to Hurricane Katrina](#)"

- Offers an evidence-based phased approach to emergency message dissemination.
- Is based on lessons learned in the Centers for Disease Control's joint information center during the 2005 response to Hurricane Katrina.

In this issue's research summary, [Robert J. Blendon et al report results of a Harvard poll on hurricane readiness, "Hurricane Readiness in High-Risk Areas: Overall Survey Results"](#)

- A Harvard poll finds out what the public fears the most during hurricanes and why they don't always take measures to protect their health and safety.

["Elements of a Successful Exercise"](#)

- Offers tips about how to train and prepare your agency for an exercise, how to choose which type of exercise is best for your agency, and tips for exercising your communication plan in limited resource situations.

["Collaboration and Communication during Emergency Response"](#)

- Shares suggestions about communicating local input to management during the planning process.
- Advises involving state associations of local health officers in setting protocols.
- Suggests adopting a regional approach to planning.

[A list of health observances](#)

- Includes timely suggestions about messaging to remind the public and stakeholders to prepare for emergencies.

[A quarterly calendar of training opportunities](#)

- Provides links to upcoming conferences, workshops, and training events of interest to risk communicators.

If you would like to share your ideas and practical experiences with collaborating to form better communication strategies, plans, or you can find the full length version of the RC on the CDC Emergency Preparedness and Response Web site. The Web site will provide online access to *The RC*, as well as lists of resources and training opportunities of interest to risk communicators. Do you want to share your thoughts and ideas about the site's future design and navigation? What type of content would you like to see on the site? Do you have suggestions for future newsletter articles? Would you like to write a feature or provide other RC recommendations? E-mail your ideas to riskcomm@cdc.gov.

Do you have questions about CDC's Emergency Communication System? Contact Marsha Vanderford, ECS Director, at riskcomm@cdc.gov.

Draft Standards: Less Than Two Weeks Away!

The draft accreditation standards and measures for state, local and territorial health departments will be released for public comment and vetting soon! The drafts will be available for public review and comment from **February through April 2009**, and the standards will be revised based on the feedback PHAB receives. (PHAB is working closely with tribal partners to develop standards for tribal health departments that are consistent with the draft state and local standards.)

Once released, PHAB encourages all members of the public health community to review the standards and provide feedback through any of the following ways:

- Complete and submit an **online or hard copy vetting forms**
- Participate in one of three PHAB standards vetting webcasts, with the first one scheduled for **February 17th at 1:00pm EST**
- Invite PHAB to lead a standards **vetting discussion** at your group meeting (see question corner below)
- Join weekly Wednesday standards vetting and Q&A calls, led by PHAB Board and Workgroup Members, beginning **February 11th at 1:00pm EST**

More details about the standards vetting process, along with webcast registration and weekly call in information, will be available soon on the PHAB Web site at:

<http://www.phaboard.org/>.