



AAHE InfoSource

American Association for Health Education – www.aaheinfo.org

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Did You Know? The AAHE convention is supported each year by many donations. Below is our thank you to AAHE sponsors

AAHE wishes to thank the following for their contributions to AAHE events and programs held during the 2009 Tampa Convention:

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AAHE is soliciting nominations: AAHE President-Elect & AAHE Representative to the AAHPERD Board of Governors & AAHE Board of Directors

AAHE members are encouraged to recommend individuals for service as President-Elect, AAHE Representative to the AAHPERD Board of Governors and for the Board of Directors.

AAHE President-Elect

President-Elect candidates must have been a member for the last five (5) years and must have served on the Board of Directors or as the Chairperson of an AAHE Standing Committee.

AAHE AAHPERD Board of Governors Representative

Candidates must have been a member for six (6) continuous years, be a past member or officer of the AAHE Board of Directors, and have served as an officer or Board member no more than six (6) years prior to the election.

Board of Directors Candidates

Board of Directors candidates must have been a member for the last three (3) years. Term of office - three (3) years. Three (3) members of the Board of Directors are to be elected.

Please make sure the office for which you are nominating someone is clear and send nominations to: Katherine Wilbur, Chairperson, AAHE Nominations Committee, 63 Keene Woods Road, Damariscotta, ME 04543, Wk: 207.512.4800, Fx: 207.563.5490, Email: Kathy.wilbur@healthiergeneration.org

DEADLINE: OCTOBER 15th (RECEIVED BY)

Swine Flu – What You Need To Know

The recent outbreak of Swine Flu around the globe has caused both an interest and need in knowing more about both Swine Flu and the prevention of the spread of flu.

Below are important resources for your school, worksite, and family as you strive to keep up on the most recent information and on what precautions you should take.

U.S. Centers for Disease Control – www.cdc.gov - up-to-date information on the Swine Flu outbreak as well as printable materials in up to 7 languages on:

- [Cover Your Cough](#)
- [Be a Germ Stopper: Healthy Habits Keep You Well](#)
- [Flu Prevention Toolkit: Real People. Real Solutions](#)
- [Stopping the Spread of Germs at Home, Work & School](#)

Pan American Health Organization – www.paho.org

U. S. Health and Human Services – www.hhs.gov

HealthTeacher.com is making all of the personal hygiene lessons grades k-12 open and free to assist teachers and schools in making this a “teachable moment” for reinforcing

lessons that will help students and their families remain healthy and limit transmission of the flu. These are available at www.HealthTeacher.com They are also publishing a special issue of their newsletter to focus on the flu outbreak.

If you wish to purchase educational tools for influenza – contact ToucanEd Publishers at www.ToucanEd.com

Levels of Smokeless Tobacco Use Increase among Adolescent Males

Smokeless Tobacco Use, Initiation and Relationship to Cigarette Smoking: 2002 to 2007
The report indicates that levels of current smokeless tobacco use increased significantly among adolescent males (aged 12 to 17) from 2002 to 2007. The report also shows that the rate of current use of smokeless tobacco (i.e., use within the past month) among the whole population aged 12 and older has remained relatively stable during the same period. Findings indicate that most smokeless tobacco users are former or current cigarette smokers.

The full report is available on the Web at <http://oas.samhsa.gov/2k9/smokelessTobacco/smokelessTobacco.cfm>

Copies may be obtained free of charge by calling SAMHSA's Health Information Network at 1-877-SAMHSA-7 (1-877-726-4727), or by visiting <http://ncadistore.samhsa.gov/catalog/productDetails.aspx?ProductID=17997>. For additional information about tobacco use, please visit <http://www.oas.samhsa.gov/tobacco.htm>. For related publications and information, visit <http://www.samhsa.gov/>.

Global Impact Corps: Innovative, Effective Volunteering Abroad

Unite for Sight is recruiting Global Impact Fellows for Ghana, Honduras, or India. Opportunities are available in Spring, Summer, Fall, and Winter Opportunities. Volunteers support and assist in eye clinics. For more information go to <http://www.uniteforsight.org/volunteer-abroad>

Cancer Prevention Foundation News

The Mediterranean diet has stood up to clinical scrutiny as well; large-scale studies have shown that when people are put on a Mediterranean eating program, they tend to live longer and have lower rates of heart disease and some cancers, when compared with other groups following conventional eating plans. For more information:

Prevent Cancer Foundation - cancerprevention@preventcancer.org

Interested in After School Programming?

The [economic recovery package](#) includes hundreds of millions of dollars that potentially can support afterschool programs and the children who rely on them. Secretary Duncan has made it clear that education dollars should be used to fuel reform – and that afterschool, extended learning and summer are part of his vision for the future of education. We encourage you to learn how you can tap recovery funds, and see ideas from your colleagues at www.afterschoolwiki.org

Sun Safety Alliance Internship Opportunities

The Sun Safety Alliance has unpaid fall, spring and/or summer internship opportunities with semester credit. Students are expected to research, write and use analytical skills to carry out specific assignments related to SSA's program areas and other responsibilities that may entail general administrative tasks. Interns are responsible for housing and other expenses during the internship. Excellent performance may culminate in a full-time position with the organization.

Interested parties should contact:

Alissa D'Amelio

Program Manager

1856 Old Reston Avenue, Suite 215

Reston, VA 20190

adamelio@sunsafetyalliance.org

No phone calls please

For more information about the Sun Safety Alliance, please visit www.sunsafetyalliance.org