



## Adapted Physical Education Resource Manual



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## Introduction

The purpose of this manual is to assist parents, educators, administrators, professionals, students, and other interested parties in finding resources related to adapted physical education. All resources culminated in this document are linked to the internet. It is the goal of the authors to facilitate the research of those interested in the field by compiling many links into one valuable resource.

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## Chapter One Disability Organizations

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**Further contact information and mission statements below.**

**Contact Information and Mission Statements**

**AAPAR/Adapted Physical Activity Council**

1900 Association Dr.  
Reston, VA 20191  
800-213-7193, ext. 430  
[www.aahperd.org/aapar/](http://www.aahperd.org/aapar/)

**Mission**

The American Association for Physical Activity and Recreation (AAPAR) is dedicated to enhancing quality of life by promoting creative and active lifestyles through meaningful physical activity, recreation and fitness experiences across the lifespan with particular focus on community-based programs.

The Adapted Physical Activity Council has as its mission the promotion of both practical and theoretical endeavors in the areas of physical activity and recreation for individuals with disabilities that will lead to appropriate active lifestyles and healthful qualities of life.

**Council for Exceptional Children (CEC)**

1110 North Glebe Road  
Suite 300  
Arlington, VA 22201  
703-620-3660  
[http:// www.cec.sped.org](http://www.cec.sped.org)

**Mission**

The Council for Exceptional Children (CEC) is dedicated to improving educational outcomes for individuals with exceptionalities, students with disabilities, and/or the gifted. CEC advocates for appropriate governmental policies, sets professional standards, provides continual professional development, advocates for newly and historically underserved individuals with exceptionalities, and helps professionals obtain conditions and resources necessary for effective professional practice.

## Disabled Sports USA

451 Hungerford Drive  
Suite 100  
Rockville, MD 20850  
301-217-0960  
<http://www.dsusa.org>

### **Mission**

A national nonprofit organization offering nationwide sports rehabilitation programs to anyone with a permanent disability. Activities include winter skiing, water sports, summer and winter competitions, fitness and special sports events. Participants include those with visual impairments, amputations, spinal cord injury, dwarfism, multiple sclerosis, head injury, cerebral palsy, and other neuromuscular and orthopedic conditions.

## Inclusive Fitness Coalition

### **Mission**

The mission of the Inclusive Fitness Coalition is to facilitate an expanded coordination of organizations and individuals to address the complexity of personal, social, cultural, political, and economic factors that influence -positively and negatively - the participation of people with disabilities in physical activity, fitness, sports and recreation.

## The National Center on Physical Activity and Disability

1640 W. Roosevelt Rd.  
Chicago, IL 60608-6904  
800-900-8086  
<http://www.ncpad.org/>

### **Mission**

The mission of the National Center on Physical Activity and Disability (NCPAD) is to promote substantial health benefits that can be gained from participating in regular physical activity. The slogan of NCPAD is *Exercise is for EVERY body*, and every person can gain some health benefit from being more physically active. This site provides information and resources that can enable people with disabilities to become as physically active as they choose to be.

## NCPERID: National Consortium for Physical Education and Recreation for Individuals with Disabilities

### **Mission**

The Mission of the National Consortium for Physical Education and Recreation for Individuals with Disabilities is to promote research, professional preparation,

service delivery, and advocacy of Physical Education and Recreation for individuals with disabilities.

### **NICHCY: National Dissemination Center for Children with Disabilities**

PO Box 1492  
Washington, DC 20013  
800-695-0285  
<http://www.nichcy.org/idea.htm>  
[www.ncperid.org/officers.htm](http://www.ncperid.org/officers.htm)

#### **Mission**

NICHCY provides information on: disabilities in children and youth; programs and services for infants, children, and youth with disabilities; IDEA, the nation's special education law; No Child Left Behind, the nation's general education law; and research-based information on effective practices for children with disabilities.

### **PACER: Parent Advocacy Coalition for Educational Rights**

8161 Normandale Blvd.  
Minneapolis, MN 55437  
952-838-9000  
<http://www.pacer.org>

#### **Mission**

The mission of PACER Center is to expand opportunities and enhance the quality of life of children and young adults with disabilities and their families, based on the concept of parents helping parents.

### **PE Central: Adapted Physical Education**

PO Box 10262  
Blacksburg, VA 24062  
800-783-8124  
<http://www.pecentral.org/adapted/adaptedmenu.html>

#### **Mission**

The adapted physical education section provides information on teaching physical education to students with disabilities.

## **Specific Disability Organizations**

### **Attention Deficit Disorder Association**

ADDA  
P.O. Box 7557  
Wilmington, DE 19803-9997  
Phone/fax: 1(800) 939-0119

#### **Mission**

The mission of ADDA is to provide information, resources and networking to adults with AD/HD and to the professionals who work with them. In doing so, ADDA generates hope, awareness, empowerment and connections worldwide in the field of AD/HD. Bringing together scientific perspectives and the human experience, the information and resources provided to individuals and families affected by AD/HD and professionals in the field focuses on diagnoses, treatments, strategies and techniques for helping adults with AD/HD lead better lives.

### **Children and Adults with Attention Deficit and Hyperactivity Disorder**

8181 Professional Place  
Suite 150  
Landover, MD 20785  
301-306-7070  
<http://www.chadd.org>

#### **Mission**

CHADD represents individuals with AD/HD, for education, advocacy and support. The organization is composed of dedicated volunteers from around the country who play an integral part in the association's success by providing resources and encouragement to parents, educators and professionals on a grassroots level through CHADD chapters

### **Autism Society of America**

7910 Woodmont Avenue  
Suite 300  
Bethesda, Maryland 20814-3067  
301-657-0881  
<http://www.autism-society.org/site/PageServer>

#### **Mission**

The Autism Society of America (ASA) is the leading voice and resource of the entire autism community in education, advocacy, services, research and support.

The ASA is committed to meaningful participation and self-determination in all aspects of life for individuals on the autism spectrum and their families. ASA accomplishes its ongoing mission through close collaboration with a successful network of chapters, members and supporters

### Brain Injury Association of America

1608 Spring Hill Road  
Suite 110  
Vienna, VA 22182  
<http://www.biausa.org/contactinfo.htm>

#### **Mission**

Creating a better future through brain injury prevention, research, education and advocacy. That future includes a world where all preventable brain injuries are prevented, all unpreventable brain injuries are minimized, and all individuals who have experienced brain injury maximize their quality of life.

### United Cerebral Palsy

1660 L Street  
NW, Suite 700  
Washington, DC 20036  
800- 872-5827  
<http://www.ucp.org/>

#### **Mission**

United Cerebral Palsy's mission is to advance the independence, productivity and full citizenship of people with disabilities through an affiliate network.

### The American Diabetes Association

1701 North Beauregard Street  
Alexandria, VA 22311  
1-800-342-2383  
<http://www.diabetes.org/home.jsp>

#### **Mission**

The mission of the Association is to prevent and cure diabetes and to improve the lives of all people affected by diabetes. To fulfill this mission, the American Diabetes Association funds research, publishes scientific findings, provides information and other services to people with diabetes, their families, health professionals and the public. The Association is also actively involved in advocating for scientific research and for the rights of people with diabetes.

## National Diabetes Information Clearinghouse

1 Information Way  
Bethesda, MD 20892–3560  
800–860–8747  
<http://diabetes.niddk.nih.gov/about/index.htm>

### **Mission**

The National Diabetes Information Clearinghouse (NDIC) is an information dissemination service of the National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK). The NIDDK is part of the National Institutes of Health (NIH), one of eight health agencies of the Public Health Service, which is under the U.S. Department of Health and Human Services. NDIC was established to increase knowledge and understanding about diabetes among patients, health care professionals, and the general public. To carry out this mission, NDIC works closely with NIDDK's Diabetes Research and Training Centers; the National Diabetes Education Program (NDEP); professional, patient, and voluntary associations; Government agencies; and State health departments to identify and respond to informational needs about diabetes and its management.

## The Epilepsy Foundation

8301 Professional Place  
Landover, MD 20785-7223  
800-332-1000  
<http://www.epilepsyfoundation.org/>

### **Mission**

The Epilepsy Foundation will ensure that people with seizures are able to participate in all life experiences; and will prevent, control and cure epilepsy through research, education, advocacy, and services. The Epilepsy Foundation is the national organization that works for people affected by seizures through research, education, advocacy and service. We are an organization of volunteers committed to the prevention and cure of epilepsy and a positive quality of life for everyone who lives with seizure disorders. Our current strategic goals include broadening and strengthening of research, providing individuals and families with easy access to reliable information, and assuring access to appropriate medical care for those affected by seizures.

## Fetal Alcohol Spectrum Disorders Center for Excellence

2101 Gaither Rd.  
Suite 600  
Rockville, MD 20850  
866-786-7327  
<http://www.fascenter.samhsa.gov/index.cfm>

### **Mission**

The mission of the FASD Center for Excellence is to facilitate the development and improvement of prevention, treatment, and care systems in the United States by providing national leadership and facilitating collaboration in the field. The goals are to: reduce the number of infants born prenatally exposed to alcohol, increase functioning of persons who have an FASD, improve quality of life for individuals and families affected by FASD.

## National Institute on Deafness and Other Communication Disorders (NIDCD)

31 Center Drive, MSC 2320  
Bethesda, MD 20892-2320  
301-496-7243  
<http://www.nidcd.nih.gov/>

### **Mission**

The National Institute on Deafness and Other Communication Disorders (NIDCD) is one of the Institutes that comprise the National Institutes of Health (NIH). The NIDCD is mandated to conduct and support biomedical and behavioral research and research training in the normal and disordered processes of hearing, balance, smell, taste, voice, speech, and language. The Institute also conducts and supports research and research training related to disease prevention and health promotion; addresses special biomedical and behavioral problems associated with people who have communication impairments or disorders; and supports efforts to create devices which substitute for lost and impaired sensory and communication function.

## National Association of the Deaf

8630 Fenton Street  
Suite 820  
Silver Spring, MD 20910-3876  
301-587-1788  
<http://www.nad.org/>

**Mission**

The mission of the National Association of the Deaf is to promote, protect, and preserve the rights and quality of life of deaf and hard of hearing individuals in the United States of America.

**National Center for Learning Disorders**

381 Park Avenue South  
Suite 1401  
New York, NY 10016  
212-545-7510  
<http://www.nclld.org/>

**Mission**

The National Center for Learning Disabilities (NCLD) works to ensure that the nation's 15 million children, adolescents and adults with learning disabilities have every opportunity to succeed in school, work and life. NCLD provides essential information to parents, professionals and individuals with learning disabilities, promotes research and programs to foster effective learning and advocates for policies to protect and strengthen educational rights and opportunities.

**Learning Disabilities Association of America**

Learning Disabilities Association of America  
4156 Library Road  
Pittsburgh, PA 15234-1349  
412-341-1515  
<http://www.lidaamerica.org/>

**Mission**

LDA's mission is to create opportunities for success for all individuals affected by learning disabilities and to reduce the incidence of learning disabilities in future generations. LDA visualizes a world in which all individuals with learning disabilities are empowered to thrive and participate fully in society; the incidence of learning disabilities is reduced; and learning disabilities are universally understood and effectively addressed.

**The ARC**

1010 Wayne Avenue  
Suite 650  
Silver Spring, MD 20910  
301-565-3842  
<http://www.thearc.org/>

**Mission**

The Arc of the United States advocates for the rights and full participation of all children and adults with intellectual and developmental disabilities. Together with our network of members and affiliated chapters, we improve systems of supports and services; connect families; inspire communities and influence public policy. The Arc is the national organization of and for people with mental retardation and related developmental disabilities and their families. It is devoted to promoting and improving supports and services for people with mental retardation and their families. The association also fosters research and education regarding the prevention of mental retardation in infants and young children.

**National Down Syndrome Society**

666 Broadway  
New York, NY 10012  
1-800-221-4602  
www.ndss.org

**Mission**

The mission of the National Down Syndrome Society is to benefit people with Down syndrome and their families through national leadership, education, research, and advocacy.

**American Association on Intellectual and Developmental Disabilities**

444 North Capitol St.  
Suite 846  
Washington, DC 20001  
800-424-3688  
http://www.aamr.org

**Mission**

The AAMR promotes progressive policies, sound research, effective practices, and universal human right for people with intellectual and developmental disabilities.

**Muscular Dystrophy Association of United States of America**

Muscular Dystrophy Association - USA  
National Headquarters  
3300 E. Sunrise Drive  
Tucson, AZ 85718  
Phone: (800) 572-1717  
E-mail: [mda@mdausa.org](mailto:mda@mdausa.org)  
Internet: <http://www.mdausa.org>

**Mission**

MDA combats neuromuscular diseases through programs of worldwide research, comprehensive medical and community services, and far-reaching professional and public health education. With national headquarters in Tucson, MDA has more than 200 offices across the country, sponsors 230 hospital-affiliated clinics and supports nearly 400 research projects around the world. The Association's comprehensive service program includes medical examinations, flu shots, support groups, MDA summer

**The American Council of the Blind**

2200 Wilson Boulevard  
Suite 650  
Arlington, VA 22201  
Phone: (202) 467-5081 and 1(800) 424-8666  
<http://www.acb.org>

**Mission**

The Council strives to improve the well-being of all blind and visually impaired people by: serving as a representative national organization of blind people; elevating the social, economic and cultural levels of blind people; improving educational and rehabilitation facilities and opportunities; cooperating with the public and private institutions and organizations concerned with blind services; encouraging and assisting all blind persons to develop their abilities and conducting a public education program to promote greater understanding of blindness and the capabilities of blind people.

**National Federation of the Blind**

1800 Johnson Street  
Baltimore, MD 21230  
Phone: 410-659-9314  
<http://www.nfb.org/nfb/Default.asp>

**Mission**

The mission of the National Federation of the Blind is to achieve widespread emotional acceptance and intellectual understanding that the real problem of blindness is not the loss of eyesight but the misconceptions and lack of information which exist. We do this by bringing blind people together to share successes, to support each other in times of failure, and to create imaginative solutions.

## [The Spina Bifida Association of America](#)

4590 MacArthur Blvd.  
NW, Suite 250  
Washington, DC 20007-4226  
Phone: (800) 621-3141, (202) 944-3285  
Fax: (202) 944-3295  
E-mail: [sbaa@sbaa.org](mailto:sbaa@sbaa.org)

### **Mission**

The mission of SBA is to promote the prevention of spina bifida and to enhance the lives of all affected. The Spina Bifida Association (SBA) serves the 70,000 adults and children who live with spina bifida. Since 1973, SBAA has served as the nation's only voluntary health agency dedicated to enhancing the lives of those with spina bifida and those whose lives they touch. Through its network of 57 chapters, SBA has a presence in more than 125 communities nationwide and serves thousands of people each year.

## **Chapter Two Disability Sport Organizations**

**Below are organizations providing information and support. Click on the indexed link to jump to the web link and description for each organization.**

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- ✈ [Activeamp.org](#)
- ✈ [Adaptive Adventure Sports Coalition](#)
- ✈ [Adaptive Sports Center](#)
- ✈ [America's Athletes With Disabilities, Inc.](#)
- ✈ [American Amputee Soccer Association](#)
- ✈ [Athletes Helping Athletes](#)
- ✈ [Blaze Sports America](#)
- ✈ [Blind Sailing International](#)
- ✈ [Cerebral Palsy International Sports and Recreation Association \(CPISRA\)](#)
- ✈ [Challenged Athletes Foundation](#)
- ✈ [Children's Golf Foundation Inc.](#)
- ✈ [Disability Sports](#)
- ✈ [Shooting 4 Disabled](#)
- ✈ [Disabled Sports USA](#)
- ✈ [Dwarf Athletic Association of America](#)
- ✈ [Goal Ball](#)
- ✈ [Inclusive Fitness Coalition](#)

- ✈ [International Badminton Association for the Disabled](#)
- ✈ [International Blind Sports Federation \(IBSA\)](#)
- ✈ [International Paralympic Committee — United Kingdom](#)
- ✈ [International Sports Federation for Persons with an Intellectual Disability \(INAS-FID\)](#)
- ✈ [International Sports Organization of the Deaf \(CISS\)](#)
- ✈ [International Wheelchair and Amputee Sports Federation \(IWAS\)](#)
- ✈ [National Disability Sports Alliance \(NDSA\)](#)
- ✈ [National Sports Center for the Disabled](#)
- ✈ [National Wheelchair Basketball Association](#)
- ✈ [Skating Association for the Blind and Handicapped, Inc. \(SABAH\)](#)
- ✈ [Special Olympics](#)
- ✈ [United States Quad Rugby Association](#)
- ✈ [University of Alabama Disability Sports](#)
- ✈ [Wheelchair Sports Worldwide](#)
- ✈ [World T.E.A.M. Sports](#)

## **Disability Sport Organizations** **Descriptions and Web Links**

### **Achilles Track Club**

Encourages people with all kinds of disabilities to participate in running with the general public.

[www.achillestrackclub.org](http://www.achillestrackclub.org)

### **Activeamp.org**

Provides adaptive sports news, details of events, contacts, and information links for amputees.

[www.activeamp.org](http://www.activeamp.org)

### **The Adaptive Adventure Sports Coalition (TAASC)**

Non-profit organization with the mission to enhance the quality of people with disabilities through sports and recreation activities.

<http://www.taasc.org/index.cfm>

### **Adaptive Sports Center**

The Adaptive Sports Center (ASC) is a 501(c)(3) non-profit organization that seeks to improve the quality of life of people with disabilities through outdoor adventure activities. The programs we offer are inclusive to families and friends, empower our participants in their daily lives and have an enduring impact on their health, self-confidence and well-being.

<http://www.adaptivesports.org>

### **American Amputee Soccer Association**

Non-profit association with the mission to promote social interaction, self-esteem, and self-confidence among youth and adults through recreational and soccer competition.

[http://www.ampsoccer.org/about\\_us.htm](http://www.ampsoccer.org/about_us.htm)

### **American Association of Adapted Sports Programs (AAASP)**

The American Association of Adapted Sports Programs, Inc. (AAASP) is a Georgia-based nonprofit organization that builds interscholastic sports leagues for students with physical disabilities or visual impairments in grades 1 through 12. AAASP serves as the governing body, athletic association for these sports programs, and develops and operates statewide league programs and has developed a comprehensive training and certification infrastructure for AAASP

coaches, officials, and coordinators, as well as for physical activity professionals nationwide.

<http://www.adaptedsports.org/>

### **America's Athletes With Disabilities, Inc.**

Consortium of five member disabled sports organizations whose mission is to raise and manage the funds necessary to support athletic competitions for disabled persons.

[www.americasathletes.org](http://www.americasathletes.org)

### **Athletes Helping Athletes**

Provide handcycles, wheelchairs, prosthetics and other adaptive sports equipment to children with disabilities. Includes event list, grant application, letters from recipients, and donation information.

<http://www.roadrunnersports.com/cgi-bin/rrs/aha/ahaHome.jsp>

### **BlazeSports America**

BlazeSports America provides sports training, competitions, and other sport and recreation activities to youth and adults who are wheelchair users, have a visual impairment, have an amputation, or who have a neurological disability (e.g., cerebral palsy, spina bifida). Participants can start as early as 6 years-old of age (depending on the program), through adulthood.

<http://www.blazesports.com/DesktopDefault.aspx?tabid=1&tabindex=0>

### **Blind Sailing International**

The governing body for competitive international sailing for persons who are blind or visually impaired.

[www.blindsailing.org](http://www.blindsailing.org)

### **Cerebral Palsy International Sports and Recreation Association (CPISRA)**

International association of professionals committed to increase the opportunities of people with cerebral palsy to participate in sport, recreation and/or leisure activities of their choosing.

<http://www.cpisra.org/>

### **Challenged Athletes Foundation**

Charity providing grants to athletes with a physical disability. History, news, grantees, newsletter and how to apply for funds.

<http://www.challengedathletes.org/>

### **Children's Golf Foundation, Inc**

Based on West Palm Beach, the Children's Golf Foundation is dedicated to provide programming and instruction in golf to children with disabilities. Their main goal is to teach children with disabilities how to play the game of golf.  
<http://www.childrensgolf.org/>

### **Disability Sports**

Overview of sports organizations and offerings, classification systems, major competitions and summaries of recent research papers on disability sport topics; from the Department of Kinesiology at Michigan State University.  
<http://edweb6.educ.msu.edu/kin866/>

### **Shooting 4 Disabled**

Provides information about target shooting including equipment, positions, and instruction for people with disabilities.  
<http://www.shooting4disabled.com/>

### **Disabled Sports USA**

Offers sports rehabilitation programs throughout the U.S. to anyone with a permanent disability. Activities include winter skiing, water sports, summer and winter competitions, fitness and special sports events. Participants include those with visual impairments, amputations, spinal cord injury, dwarfism, multiple sclerosis, head injury, cerebral palsy, and other neuromuscular and orthopedic conditions.  
[www.dsusa.org](http://www.dsusa.org)

### **Dwarf Athletic Association of America**

Forms, news, events, contacts and association information from this organization that promotes sports for individuals who are dwarfs as a result of chondrodysplasia or related causes.  
<http://www.daaa.org/>

### **Goal Ball**

Goalball is a team sport designed for blind athletes. Participants compete in teams of three, and try to throw a ball that has bells embedded in it, into the opponents' goal. They must use the sound of the bell to judge the position and movement of the ball. Games consist of two 10 minute halves. Blindfolds allow

partially sighted players to compete on an equal footing with blind players.  
<http://www.dhamilton.net/goalball/>

### **International Badminton Association for the Disabled**

Promoting and developing badminton for people with disabilities. Contains contacts for anyone wanting to get involved as well as tournament information.  
<http://www.internationalbadminton.org>

### **International Blind Sports Federation (IBSA)**

Goal is the full integration of the blind and visually impaired through sport at all levels.  
<http://www.ibsa.es/>

### **International Paralympic Committee — United Kingdom**

The international representative organization of elite sports for athletes with disabilities. IPC organizes, supervises and co-ordinates the Paralympic Games and other multi-disability competitions on elite sports level, of which the most important are world and regional championships. It is an international non-profit organization formed and run by 160 National Paralympic Committees and 5 disability specific international sports federations.  
[http://www.paralympic.org/release/Main\\_Sections\\_Menu/index.html](http://www.paralympic.org/release/Main_Sections_Menu/index.html)

### **International Sports Federation for Persons with an Intellectual Disability (INAS-FID)**

The philosophy of INAS-FID is based on the principle of normalization. This means that persons with intellectual disability are members of society entitled to the same rights, opportunities and duties as everyone else.  
<http://www.inas-fid.org/>

### **International Sports Organization of the Deaf (CISS)**

Contains information about international competitions for the deaf, the executive committee, updated sports information, and more.  
[www.ciss.org](http://www.ciss.org)

### **International Wheelchair and Amputee Sports Federation (IWAS)**

IWAS is a vibrant and constantly growing Federation providing opportunity for persons with a physical disability to participate in sport from grass roots to elite.  
<http://www.iwasf.com/>

### **National Disability Sports Alliance (NDSA)**

National coordinating body for competitive sports for individuals with cerebral palsy, traumatic brain injuries and survivors of stroke.

### **National Sports Center for the Disabled**

Provides recreation and competitive opportunities for children and adults with disabilities. Activities include skiing, horseback riding, camping, rock climbing, plus education and outreach programs.

[www.nscd.org](http://www.nscd.org)

### **National Wheelchair Basketball Association (NWBA)**

Recognized as the oldest and largest disability sport organization in the United States. NWBA is a non-profit organization localized in Colorado Springs, Colorado. Their mission is to serve as the national governing body for men's, women's and youth wheelchair basketball in the United States.

<http://www.nwba.org/>

### **Skating Association for the Blind and Handicapped, Inc. (SABAH)**

A not-for-profit educational corporation for children, youths, and adults in Western New York.

[www.sabahinc.org](http://www.sabahinc.org)

### **Special Olympics**

Global headquarters for the worldwide Special Olympics Movement, providing year-round sports training and competition for more than one million athletes.

[www.specialolympics.org](http://www.specialolympics.org)

### **Wheelchair Sports Worldwide**

Source of information on global wheelchair sports events, news, and related topics.

[www.wsw.org.uk](http://www.wsw.org.uk)

### **World T.E.A.M. Sports**

World T.E.A.M. Sports brings individuals with and without disabilities together to undertake unique athletic events throughout the world to encourage, promote, and develop opportunities in sports for all people. Our team oriented athletic events coupled with medical and educational outreach programs stimulate the power of learning through participation.

<http://www.worldteamsports.org/>

## United States Quad Rugby Association

The mission of the US Quad Rugby Association is to develop, organize, and represent the sport of Quad Rugby in the United States.

<http://www.quadrugby.com/>

## University of Alabama Disability Sports

Disability Sports program that includes wheelchair basketball, and sport camps and clinics for persons with disabilities.

<http://www.bama.ua.edu/~uads>

### **Chapter Three Equipment Companies**

## Adapted/Regular Physical Education

The following websites contain equipment for both general and adapted physical education. Most adapted equipment is not listed under adapted physical education but under the sport that the equipment would be used in.

- ✈ Flaghouse <http://www.flaghouse.com>
- ✈ Discount School Supply <http://www.discountchoolsupply.com/>
- ✈ Gym Closet <http://www.gymcloset.com/>
- ✈ Gopher Sport <http://www.gophersport.com/>
- ✈ SSWW <http://www.ssww.com/>
- ✈ Cartwheel Factory <http://www.cartwheelfactory.com/>
- ✈ Palos Sports <http://www.palossports.com/>
- ✈ Athletic Stuff <http://www.athleticstuff.com/>
- ✈ Big Fitness <http://www.bigfitness.com/>
- ✈ Abilitations <http://www.abilitations.com>
- ✈ PE Products <http://www.aph.org/pe/products.html>

## Bicycles

**Blackbird Mobility:** <http://www.blackbirdbikes.com/adaptive.htm>

Adaptive Equipment - Special Needs Customization

The Quadribents™ side by side recumbent bikes feature co-steering, which allows either rider to pilot the vehicle. The dual-drive allows people with different physical abilities to go biking together with either rider generating from 0 to 100 percent of the pedal power.

**Lose the Training Wheels:** <http://www.losethetrainingwheels.org>

Lose The Training Wheels™ is more than just a bike-riding program. For many children with disabilities, bike riding is a seemingly impossible task they can typically master in less than a week's time. Within days of learning to ride, many children exhibit independent behaviors for the first time ever. This achievement, in turn, creates a gateway of opportunity, helping them gain assurance and self-reliance in many other aspects of their lives.

**Angle Tech Cycles:** <http://www.angletechcycles.com/>

This website contains modified bicycles that allow a person to sit back and use their feet or hands to travel. This company can also create bikes according to special needs.

### **Wheelchairs/Mobility**

**MAKOA:** <http://www.makoa.org/mobility.htm>

This phenomenal website links to many different websites about many wheelchairs. There are companies linked that make four-wheel drive wheelchairs, beach wheelchairs, all terrain wheelchairs and wheelchairs customized with fishing holes.

**Sportaid:** <http://www.sportaid.com/>

This unique wheelchair website has many various types of transportation devices for students who are not mobile without aid. It offers sports style wheelchairs to electronic carts. This website also has accessories that can be used to fix or improve the current wheelchair.

**USA Tech Guide:** <http://www.usatechguide.org/>

This is an informational website about wheelchairs and how to properly find the right kind of wheelchair for a specific person. There is a lot to take into consideration when picking a wheelchair and this site helps gives the pros and cons from seat depth to the kind of wheels to choose.

**Spokes N Motion:** <http://www.spokesnmotion.com>

This website has different kinds of chairs and equipment that allow a person to move within general areas and places like the beach. This website also contains adapted aquatic and winter skiing equipment.

### **Miscellaneous Equipment**

**Westforth Sports:** <http://www.westforthsports.com/>

This website contains an automatic reel called the YoYo which would allow a student to fish without having to reel in the fish. They would just have to hold the rod or have it attached and the reel will take care of everything else.

**Promed Products:** <http://www.promedproducts.com/>

The fitness equipment on this site is great. Many of the items can be seen in a physical therapy clinic that a teacher can get for their school. Students can get equipment specific to help with their IEP goals.

**PE Central:** <http://www.pecentral.org/>

Our goal is to provide the latest information about developmentally appropriate physical education programs for children and youth.

**Adaptive Mall:** <http://www.adaptivemall.com/>

This is a helpful website that provides a variety of adapted products, such as strollers, therapy equipment, educational toys, walkers, etc. This equipment can be used in the home, for recreational outings and physical education.

**Anchorage Ideas for Adapted Equipment**

<http://www.asd.k12.ak.us/depts/APE/gallery/>

The Anchorage school district adapted physical education department was awarded a PEP grant that allotted the district with \$75,000 to purchase equipment to give students with disabilities a higher education level.

## Chapter Four Education Websites and Lists

The purpose of this document is to provide parents, physical education teachers, and other related professionals a tool to identify schools across the United States who offer APE/APA/SPE (Special Physical Education) preparation programs. In addition, information on notable k-12 state level websites, distance learning and/or on-line courses are identified.

### Adapted Physical Education National Standards (APENS)

The APENS web site contains resources to learn about the 15 APENS National Standards, the national certification exam and study guide, as well as alternative methods for becoming a nationally Certified Adapted Physical Educator (CAPE).

### Notable K-12 Adapted Physical Education Websites:

- ✈ Alaska: <http://www.asd.k12.ak.us/Depts/ape/>
- ✈ California, State Council: <http://sc-ape.org/>
- ✈ Illinois AHPERD:  
<http://www.iahperd.org/textpages/programs/icafe.php>
- ✈ Indiana Department of Education:  
[http://www.doe.state.in.us/publications/pe\\_guidelines.html](http://www.doe.state.in.us/publications/pe_guidelines.html)
- ✈ Maryland:  
[http://www.bcps.org/offices/physed/curriculum/adapted\\_physed.html](http://www.bcps.org/offices/physed/curriculum/adapted_physed.html)
- ✈ Texas AHPERD: [http://www.tahperd.org/LINKS/links\\_physical\\_ed.html](http://www.tahperd.org/LINKS/links_physical_ed.html)
- ✈ Denton ISD, Texas:  
<http://www.dentonisd.org/5123871316853/blank/browse.asp?A=383&BMDRN=2000&BCOB=0&C=54574>

The following chart of higher education programs in adapted physical education can be found on the National Consortium of [Physical Education and Recreation for Individuals with Disabilities](#) website.

### Adapted Physical Education (APE), Special Physical Education (SPE), and Adapted Physical Activity (APA) Higher Education Programs in the United States 2006

UG = Undergraduate Program; G-M = Masters Program; G-D = Doctoral Program;  
APE-E/C = Endorsement or Certification

State	UG	G-M	G-D	APE - E/C	Online Courses	School / University
AR		Yes			No	<a href="#">University of Arkansas</a> Website: <a href="http://www.uark.edu/depts/gradhkrd/M_PE_Adapted.html">http://www.uark.edu/depts/gradhkrd/M_PE_Adapted.html</a>
CA	Yes	Yes	No		Yes	California State Polytechnic University, Pomona Website: <a href="http://www.class.csupomona.edu/khp/programs.html#graduate">http://www.class.csupomona.edu/khp/programs.html#graduate</a>
CA	Yes	Yes	No	Yes	No	<a href="#">California State University, Chico</a> Website: <a href="http://www.csuchico.edu/kine/ape/index.html">http://www.csuchico.edu/kine/ape/index.html</a>
CA	Yes	Yes	No	Yes	No	California State University, Long Beach Website: <a href="http://www.csulb.edu/programs/apa/">http://www.csulb.edu/programs/apa/</a>
CA	Yes	No	No	Yes	No	<a href="#">California State University, Sacramento</a> Website: <a href="http://www.hhs.csus.edu/modells/">http://www.hhs.csus.edu/modells/</a>
CA	Yes	Yes	No		No	California State University, San Bernardino Website: <a href="http://kine.csusb.edu/">http://kine.csusb.edu/</a>
CA				Yes	No	<a href="#">California State University, Los Angeles</a> Website: <a href="http://www.calstatela.edu/dept/pe/">http://www.calstatela.edu/dept/pe/</a>
CA		Yes		Yes	No	<a href="#">Sonoma State University</a> Website: <a href="http://www.sonoma.edu/kinesiology/nsf/concentration_index.shtml">http://www.sonoma.edu/kinesiology/nsf/concentration_index.shtml</a>
FL	No	Yes	No		Yes	<a href="#">University of Florida</a> Website: <a href="http://legacy.hhp.ufl.edu/faculty/cstopka/">http://legacy.hhp.ufl.edu/faculty/cstopka/</a>
HI	No	Yes	No		No	<a href="#">University of Hawaii at Manoa</a> Website: <a href="http://www.hawaii.edu/kls/pe/msape.html">http://www.hawaii.edu/kls/pe/msape.html</a>
IL	No	Yes	No		No	<a href="#">Northern Illinois University</a> Website: <a href="http://www.cedu.niu.edu/knpe/programs/knpe/adaptedPhysEd.shtml">http://www.cedu.niu.edu/knpe/programs/knpe/adaptedPhysEd.shtml</a>
IL		Yes			No	<a href="#">Western Illinois University</a> Website: <a href="http://www.wiu.edu/kinesiology/MSPE.html">http://www.wiu.edu/kinesiology/MSPE.html</a>

IN		Yes	Yes		No	<a href="http://www.indiana.edu/~kines/graduate/ms_adapted.shtml">Indiana University Bloomington</a> Website: <a href="http://www.indiana.edu/~kines/graduate/ms_adapted.shtml">http://www.indiana.edu/~kines/graduate/ms_adapted.shtml</a>
IN	Yes	Yes	No		No	<a href="http://www.bsu.edu/physicaleducation/adaptedphysicaleducation/">Ball State University</a> Website: <a href="http://www.bsu.edu/physicaleducation/adaptedphysicaleducation/">http://www.bsu.edu/physicaleducation/adaptedphysicaleducation/</a>
IN	Yes	No	No		No	<a href="http://www.manchester.edu/Academics/Departments/ESS/index.htm">Manchester College</a> Website: <a href="http://www.manchester.edu/Academics/Departments/ESS/index.htm">http://www.manchester.edu/Academics/Departments/ESS/index.htm</a>
LA	Yes	Yes	No	Yes	No	Southeastern Louisiana University Website: <a href="http://www.selu.edu/acad_research/depts/kines/undergrad_degree/add_on_certificate_i1/index.html">http://www.selu.edu/acad_research/depts/kines/undergrad_degree/add_on_certificate_i1/index.html</a>
LA		Yes		Yes	No	<a href="http://ed.uno.edu/~hphp/adaptedcurriculum.htm">University of New Orleans</a> Website: <a href="http://ed.uno.edu/~hphp/adaptedcurriculum.htm">http://ed.uno.edu/~hphp/adaptedcurriculum.htm</a>
MA	Yes	Yes			No	<a href="http://www.bridgew.edu/MAHPLS/overview.cfm">Bridgewater State University</a> Website: <a href="http://www.bridgew.edu/MAHPLS/overview.cfm">http://www.bridgew.edu/MAHPLS/overview.cfm</a>
MA		Yes			No	<a href="http://www.spfldcol.edu/homepage/dept.nsf/academics/hper">Springfield College</a> Website: <a href="http://www.spfldcol.edu/homepage/dept.nsf/academics/hper">http://www.spfldcol.edu/homepage/dept.nsf/academics/hper</a>
MI	Yes	Yes	No		No	<a href="http://www.emich.edu/hphp/">Eastern Michigan University</a> Website: <a href="http://www.emich.edu/hphp/">http://www.emich.edu/hphp/</a>
MI	Yes	Yes	No		No	<a href="http://www.education.msu.edu/kin/">Michigan State University</a> Website: <a href="http://www.education.msu.edu/kin/">http://www.education.msu.edu/kin/</a>
MI	Yes	Yes	No	Yes	Yes	<a href="http://www.svsu.edu/coe/undergraduate-programs/kinesiology/graduate-programs/">Saginaw Valley State University</a> Website: <a href="http://www.svsu.edu/coe/undergraduate-programs/kinesiology/graduate-programs/">http://www.svsu.edu/coe/undergraduate-programs/kinesiology/graduate-programs/</a>
MI	No	No	Yes		No	University of Michigan Website: <a href="http://www.kines.umich.edu/academics/pe/index.html">http://www.kines.umich.edu/academics/pe/index.html</a>
MI	Yes	Yes	No	Yes	No	<a href="http://www.kinesiology.wayne.edu/Physical%20EducationGrad.html">Wayne State University</a> Website: <a href="http://www.kinesiology.wayne.edu/Physical%20EducationGrad.html">http://www.kinesiology.wayne.edu/Physical%20EducationGrad.html</a>
MI	No	Yes	No		No	<a href="http://www.wmich.edu/coe/hper/special-adapted/">Western Michigan University</a> Website: <a href="http://www.wmich.edu/coe/hper/special-adapted/">http://www.wmich.edu/coe/hper/special-adapted/</a>
MN	Yes	No	No	Yes	No	Bemidji State University Website: <a href="http://www.bemidjistate.edu/academics/departments/professional_education/graduate/spe">http://www.bemidjistate.edu/academics/departments/professional_education/graduate/spe</a>

						<a href="#">cial_ed_licensure/dape.cfm</a>
MN	Yes	Yes	No	Yes	Yes	<a href="#">Minnesota State University, Mankato</a> Website: <a href="http://ahn.mnsu.edu/hp/undergraduate/dape.html">http://ahn.mnsu.edu/hp/undergraduate/dape.html</a>
MN	Yes	No	No		No	Minnesota State University Moorhead Website: <a href="http://www.mnstate.edu/admissions/factsheets/hpe.cfm">http://www.mnstate.edu/admissions/factsheets/hpe.cfm</a>
MN	Yes	Yes	No		No	St. Cloud State University Website: <a href="http://www.stcloudstate.edu/hperss/default.asp">http://www.stcloudstate.edu/hperss/default.asp</a>
MN	No	Yes	No	Yes	No	University of Minnesota Website: <a href="http://www.education.umn.edu/Kin/Kinesiology/MEd/dape.html">http://www.education.umn.edu/Kin/Kinesiology/MEd/dape.html</a>
NC	No	Yes	No		No	<a href="#">East Carolina University</a> Website: <a href="http://www.ecu.edu/cs-hhp/exss/undergraduate.cfm">http://www.ecu.edu/cs-hhp/exss/undergraduate.cfm</a>
NC	No	Yes	No		No	North Carolina Agricultural and Technical State University Website: <a href="http://www.ncat.edu/~schofed/department_hpls_gp.html">http://www.ncat.edu/~schofed/department_hpls_gp.html</a>
NC	No	Yes	No		No	<a href="#">North Carolina Central University</a> Website: <a href="http://www.nccu.edu/academics/socialsciences/physicaleducation/">http://www.nccu.edu/academics/socialsciences/physicaleducation/</a>
NE	Yes	Yes	No	Yes	Yes	University of Nebraska at Kearney Website: <a href="http://aaunk.unk.edu/catalogs/current/dpt/dptpe.asp">http://aaunk.unk.edu/catalogs/current/dpt/dptpe.asp</a>
NM	No	Yes	No		Yes	<a href="#">New Mexico State University</a> Website: <a href="http://education.nmsu.edu/nmsuape/">http://education.nmsu.edu/nmsuape/</a>
NM	No	Yes	No		No	University of New Mexico Website: <a href="http://www4.unm.edu/grad/main/info/depts.php?dept_id=PE">http://www4.unm.edu/grad/main/info/depts.php?dept_id=PE</a>
NV		Yes	Yes	Yes	No	<a href="#">University of Nevada Las Vegas</a> Website: <a href="http://education.unlv.edu/sel/pe.html">http://education.unlv.edu/sel/pe.html</a>
NY		Yes		Yes	No	<a href="#">Adelphi University</a> Website: <a href="http://education.adelphi.edu/hpe/physed/grad/adapteded.php">http://education.adelphi.edu/hpe/physed/grad/adapteded.php</a>
NY	Yes	No	No		No	Manhattan College Website: <a href="http://manhattan.edu/academics/education/phys_ed/index.shtml">http://manhattan.edu/academics/education/phys_ed/index.shtml</a>
NY	Yes	Yes	No	Yes	No	<a href="#">State University of New York, Brockport</a> Website: <a href="http://www.brockport.edu/pes/">http://www.brockport.edu/pes/</a>
NY	Yes	Yes	No	Yes	Yes	State University of New York-Cortland

						Website: <a href="http://www.cortland.edu/physed/">http://www.cortland.edu/physed/</a>
OH	No	Yes	Yes	Yes	No	<a href="http://www.cortland.edu/physed/">The Ohio State University</a> Website: <a href="http://education.osu.edu/paes/tapes/default.htm">http://education.osu.edu/paes/tapes/default.htm</a>
OH	Yes	No	No		No	<a href="http://www.cehs.wright.edu:16080/academic/health_physed/">Wright State University</a> Website: <a href="http://www.cehs.wright.edu:16080/academic/health_physed/">http://www.cehs.wright.edu:16080/academic/health_physed/</a>
OR	No	Yes	Yes		No	<a href="http://oregonstate.edu/admissions/firstyear/education.html">Oregon State University</a> Website: <a href="http://oregonstate.edu/admissions/firstyear/education.html">http://oregonstate.edu/admissions/firstyear/education.html</a>
PA	Yes	No	No		No	Slippery Rock University of Pennsylvania Website: <a href="http://www.sru.edu/pages/9774.asp">http://www.sru.edu/pages/9774.asp</a>
PA				Yes	No	University of Pittsburg Website: <a href="http://www.unc.pitt.edu/bulletins/graduate/edhealth.htm">http://www.unc.pitt.edu/bulletins/graduate/edhealth.htm</a>
PA	Yes	No	No		No	West Chester University of Pennsylvania Website: <a href="http://healthsciences.wcupa.edu/kinesiology/introduction.htm">http://healthsciences.wcupa.edu/kinesiology/introduction.htm</a>
RI	Yes	No	No		No	Rhode Island College Website: <a href="http://www.ric.edu/hpe/">http://www.ric.edu/hpe/</a>
TX		Yes			No	<a href="http://stpe.tamu.edu/">Texas A&amp;M University</a> Website: <a href="http://stpe.tamu.edu/">http://stpe.tamu.edu/</a>
TX	Yes	Yes	Yes		Yes	<a href="http://www.twu.edu/hs/kines/ape.htm">Texas Woman's University</a> Website: <a href="http://www.twu.edu/hs/kines/ape.htm">http://www.twu.edu/hs/kines/ape.htm</a>
UT	Yes	Yes	Yes		No	<a href="http://www.health.utah.edu/ess/">University of Utah</a> Website: <a href="http://www.health.utah.edu/ess/">http://www.health.utah.edu/ess/</a>
VA	No	Yes	Yes		No	<a href="http://curry.edschool.virginia.edu/index.php">University of Virginia</a> Website: <a href="http://curry.edschool.virginia.edu/index.php">http://curry.edschool.virginia.edu/index.php</a>
WI	Yes	No	No	Yes	No	University of Wisconsin-Eau Claire Website: <a href="http://www.uwec.edu/KIN/minors/APEdesc.htm">http://www.uwec.edu/KIN/minors/APEdesc.htm</a>
WI	Yes	Yes	No		No	<a href="http://www.uwlax.edu/sah/ess/sape/ugrad.htm">University of Wisconsin-La Crosse</a> Website: <a href="http://www.uwlax.edu/sah/ess/sape/ugrad.htm">http://www.uwlax.edu/sah/ess/sape/ugrad.htm</a>
WI	Yes	No	No		Yes	University of Wisconsin-Madison Website: <a href="http://www.education.wisc.edu/kinesiology/">http://www.education.wisc.edu/kinesiology/</a>
WI	Yes	No	No		No	<a href="http://www.uwosh.edu/coehs/departments/human-kinetics-health-education/adapted-physical-education-classes">University of Wisconsin-Oshkosh</a> Website: <a href="http://www.uwosh.edu/coehs/departments/human-kinetics-health-education/adapted-physical-education-classes">http://www.uwosh.edu/coehs/departments/human-kinetics-health-education/adapted-physical-education-classes</a>
WI	Yes	No	No		Yes	University of Wisconsin-Superior Website: <a href="http://www.uwsuper.edu/%7Ehphp/">http://www.uwsuper.edu/%7Ehphp/</a>

WI	Yes	No	No		No	University of Wisconsin-River Falls Website: <a href="http://www.uwrf.edu/catalog/catalog_current/programs/adaptedpe.htm">http://www.uwrf.edu/catalog/catalog_current/programs/adaptedpe.htm</a>
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## **Selected program descriptions:**

### **University of Arkansas**

This university offers a Master of Education degree in Physical Education with a concentration in APE. Students will complete 33 credit hours culminating their experience in either a Master's degree project or a Master's thesis.

Contact information:

Graduate Coordinator

Department of Health Science, Kinesiology, Recreation, and Dance

University of Arkansas

Fayetteville, AR 72701

Phone: (501) 575-2858

Website: [http://www.uark.edu/depts/gradhkrd/M PE Adapted.html](http://www.uark.edu/depts/gradhkrd/M_PE_Adapted.html)

### **California State University, Chico**

CSU Chico offers a Master of Arts program in Physical Education (30 credit hours) with the option to complete a Master's thesis or project, or a comprehensive examination. Students may take one of two courses of study for this program: APE and Pedagogy for individuals interested in teaching students with disabilities in school settings, and APE and Exercise Physiology for individuals who would like to work with adults with disabilities in community settings, and in either case, individuals may tailor their program of study to fit their needs and interests. This program also offers many service learning projects in the public schools and different clinics and community programs such as the Autism clinic, KIDS:PLAY, and BE:WEL community programs.

Contact information:

Rebecca Lytle, PhD

Adapted Physical Activity Program Coordinator

California State University, Chico

Yolo Hall 262

400 West First Street

Chico, CA 95929

Phone: (530) 898-4298

E-mail: [rytle@csuchico.edu](mailto:rytle@csuchico.edu)

Website: <http://www.csuchico.edu/kine/ape/index.html>

### **Sonoma State University**

At Sonoma State, undergraduate physical education majors may seek to obtain a specialist credential in APE. Sonoma State also has a Master of Arts degree in APE that is tailored to fit the needs and interests of the student. Students graduating from this program will be able to demonstrate knowledge of their field of study, apply critical thinking and communication skills to various settings, understand research, develop responsibility and involvement at a professional

level in their field, and be prepared to engage in profession related dialogue at the culmination of the program.

Contact information:

Dr. Elaine McHugh  
Sonoma State University  
PE 16

1801 East Cotati Ave  
Rohnert Park, CA 94928

Phone : (707) 664-2660

E-mail : [elaine.mchugh@sonoma.edu](mailto:elaine.mchugh@sonoma.edu)

Website: <http://www.sonoma.edu/kinesiology/gradprogram.html>

### **California State University, Los Angeles**

California State University Los Angeles offers an APE specialist credential that can be obtained concurrently with a degree in physical education but is also available for individuals who already hold a teaching credential in physical education or an equivalent credential. This program is completed in 36 credit hours and upon completion enables individuals to teach APE in the state of California.

Contact information:

Dr. Dwan Bridges  
School of Kinesiology and Nutritional Science  
5151 State University Drive

Los Angeles, CA 90032

Phone: (323) 343-4658

E-mail: [dbridge@calstatela.edu](mailto:dbridge@calstatela.edu)

Website: [http://www.calstatela.edu/dept/pe/dept\\_pro.htm](http://www.calstatela.edu/dept/pe/dept_pro.htm)

### **California State University, Sacramento**

California State University Sacramento offers an APE credential that can be taken in addition to or with courses in physical education. This program can be completed in 21 credit hours, but may take more for an individual who is not a physical education major as there are prerequisite courses that are necessary to obtain the credential.

Contact information:

Fred Baldini, Department Chair  
Sacramento State  
6000 J Street

Sacramento, CA 95819-6073

Phone: (916) 278-6441

E-mail: [baldinif@csus.edu](mailto:baldinif@csus.edu)

Website: <http://aaweb.csus.edu/catalog/current/PROGRAM/Kins.asp>

### **University of Florida**

The University of Florida offers a Master of Science degree (36 credit hours) with a specialization in Adapted Physical Activity. Students can elect to complete a Master's thesis, project, or a non-thesis option. The University of Florida also offers two online courses for individuals seeking further education through distance education: Adapted Physical Activity and Medical and Health Aspects for Individuals with Disabilities. Both courses are offered in the fall, spring, and summer semesters and prepare individuals to take the APENS national examination.

Contact information:

Chris Stopka

Department of Health Education & Behavior

P.O. Box 118210

University of Florida

Gainesville, FL 32611-8210

Phone: (352) 392-0583 ext. 1259

Fax: (352) 392-1909

E-mail: [cstopka@hhp.ufl.edu](mailto:cstopka@hhp.ufl.edu)

Website: <http://www2.hhp.ufl.edu/heb>

Online Courses:

<http://www.hhp.ufl.edu/depts/distance/adaptedphysicalactivityemailnewsletter>

<http://www.hhp.ufl.edu/depts/distance/medicalandhealthaspectsemailer>

### **University of Hawai'i at Manoa**

The University of Hawai'i at Manoa offers its students a Master of Science degree in Kinesiology and Leisure Science with a specialization in Physical Education/Adapted Physical Education (PE/APE). This is a two to three year program that provides students with research opportunities, field experiences, and advanced knowledge/skills in PE/APE. Exit requirements include at least 30 credit hours, and completion of a comprehensive examination and the APENS national exam.

Contact information:

Nathan M. Murata, PhD

Department & Graduate Chairperson

Department of Kinesiology and Leisure Science

1337 Lower Campus Road

PE/A Complex, Room 231

Honolulu, HI 96822

Office: (808)956-3807

Fax: (808)956-7976

E-mail: [nmurata@hawaii.edu](mailto:nmurata@hawaii.edu)

Website:

<http://www.catalog.hawaii.edu/schoolscolleges/education/grad.htm>

### **Northern Illinois University**

NIU offers a Master of Science degree in Physical Education with the option of completing a specialization in APE. The program is designed to prepare individuals to teach physical education to students with disabilities as well as to perform roles specific to APE consultation and culminates in a Master's thesis, Master's project, or Master's Interdisciplinary Inquiry in 31 credit hours of study.

Contact information: Paul Carpenter

Phone: (815) 753-8284

E-mail: [knpe@niu.edu](mailto:knpe@niu.edu)

Website: <http://www3.niu.edu/knpe/>

### **Southern Illinois University Edwardsville**

The program at SIUE provides students with a Master of Science in Education degree with a major in kinesiology (33 credits total). Within that concentration, students may focus their program of study on Special Physical Education, and is open to graduate students with and without teaching backgrounds. Students graduating from the SIUE program have the option to complete a comprehensive written exam or the Adapted Physical Education National Standards (APENS) exam.

Contact information:

E. William Vogler, Ed.D.

Professor and Chairperson

Department of Kinesiology and Health Education

Southern Illinois University Edwardsville

Campus Box 1126

Edwardsville, Illinois 62026

Phone: (618) 650-2984

E-mail: [wvogler@siue.edu](mailto:wvogler@siue.edu)

Website: <http://www.siue.edu/GRADUATE/catalog/CH2/EDU/kinesio.html>

### **Western Illinois University**

Western Illinois University offers a Master of Science degree in Kinesiology with a focus on APE. Students will have completed one of three options upon graduation: a Master's thesis (32 semester credit hours), a comprehensive exam (38 semester credit hours), or a synthesis paper of an internship experience (38 semester credit hours).

Contact information:

Christopher Kovacs

Kinesiology 220C Brophy Hall

Phone: (309) 298-1981

Fax: (309) 298-2981

Department e-mail: [kinesiology@wiu.edu](mailto:kinesiology@wiu.edu)

Website: <http://www.wiu.edu/grad/catalog/kinesiology.php>

### **Indiana University Bloomington**

The IUB program offers a Master of Science or Doctor of Philosophy degree with a concentration in Adapted Physical Education (36 credits total). If Masters students possess a teaching degree, graduates will be able to apply for certification in APE. Courses in this curriculum offer students the latest information in the field of APE. Students in this program have the option to complete a Masters thesis (additional credit hours are required for this option) or the options to take the APENS exam or a comprehensive exam.

Contact information:

Dr. Georgia Frey or Dr. Frances (Mike) Kozub

Associate Dean for Academic Program Administration

School of Health, Physical Education, and Recreation

HPER 121

Indiana University

Bloomington, IN 47405-4801

Phone: (812) 855-1561

E-mail: [HPER@indiana.edu](mailto:HPER@indiana.edu)

Website: <http://www.indiana.edu/~kines/graduate/index.shtml>

### **Ball State University**

Ball State University provides its students with a Master of Art or a Master of Science degree with a specialization in Adapted Physical Education. The mission of the Adapted Physical Education specialization is to provide students a link between the theory learned in the coursework and the practical side of APE. Students also have the opportunity to work in different practicum sites as well as to participate in research dealing with individuals with disabilities.

Contact information:

Graduate Coordinator

Sport and Physical Education Graduate Programs

School of Physical Education, Sport, and Exercise Science

Muncie, IN 47306

Phone: 765-285-1462

Fax: 765-285-3485

Website: <http://www.bsu.edu/physicaleducation/graduate/>

### **Manchester College**

Manchester College offers an undergraduate physical education degree with a certification in APE. Students have the option to complete this certification along with a teaching certification upon graduation.

Contact information:  
Dr. Lana Groombridge  
604 E. College Avenue  
North Manchester, Indiana 46962  
Phone: (260) 982-5353  
E-mail: [LLGroombridge@manchester.edu](mailto:LLGroombridge@manchester.edu)  
Website: <http://www.manchester.edu>

### **University of New Orleans**

This APE specialization program prepares individuals to teach children with disabilities in APE settings. This program provides a number of courses as well as experiences teaching students with disabilities to its graduate students (33-36 credits total). Students will graduate with a Master of Education degree with a certification to teach APE.

Contact information:  
Lorelei Cropley, PhD, RN  
Associate Professor, Graduate Coordinator  
University of New Orleans  
Lakefront  
2000 Lakeshore Drive  
New Orleans, LA 70148  
Phone: 504-280-6421  
Email: [lcropley@uno.edu](mailto:lcropley@uno.edu)  
Website: <http://ed.uno.edu/~hphp/adaptedcurriculum.htm>

### **Bridgewater State University**

Bridgewater State University offers a Bachelor of Science degree and a Master of Science degree in Physical Education with a concentration in APE. The concentration in APE prepares individuals to work with students who have unique needs and to meet the needs of these students. Practicum experiences are offered both on and off campus in order to prepare individuals to work in a variety of settings post graduation. Students in the Master's program will take 27-33 credit hours in addition to core physical education courses to obtain the concentration in APE.

Contact information:  
Robert Haslam  
Movement Arts, Health Promotion & Leisure Studies  
Bridgewater State College  
Tinsley Center, Rm 232  
Bridgewater, MA 02325  
Phone: (508) 531-1215  
Fax: (508) 531-1717  
E-mail: [rhaslam@bridgew.edu](mailto:rhaslam@bridgew.edu)  
Website: <http://www.bridgew.edu/MAHPLS/>

### **Springfield College**

Springfield College offers a Master of Science degree with a concentration in Adapted Physical Education.

Contact information:

Donald Shaw, Jr.

Department of Health, PE & Recreation

263 Alden Street

Springfield, MA 01109

Phone: (413) 748-3225

Fax: (413) 748-3024

E-mail: [admissions@springfieldcollege.edu](mailto:admissions@springfieldcollege.edu)

Website: <http://www.spfldcol.edu/home.nsf/academics/graduate>

### **Eastern Michigan University**

Eastern Michigan offers a Master of Science degree in Physical Education Interdisciplinary Adapted Physical Education (PEAD). Students will be able to complete their degree by taking APE courses both at Eastern Michigan and Michigan State University in 33 credit hours with the option to complete a Master's thesis or Master's project.

Contact information:

Dr. Ian R. Haslam

Department Head

School of Health Promotion and Human Performance

Eastern Michigan University

Ypsilanti, MI 48197

Phone: (734) 487-7120 ext. 4388

E-mail: [ian.haslam@emich.edu](mailto:ian.haslam@emich.edu)

Website: [http://www.emich.edu/coe/catalogs/grad/hperd/mspe\\_ia.html](http://www.emich.edu/coe/catalogs/grad/hperd/mspe_ia.html)

### **Western Michigan University**

Western Michigan offers a Master of Arts degree with an emphasis on Special/APE. In this program, students are prepared by completing 36 hours of required coursework and a Master's thesis in order to graduate and receive certification as an APE teacher in the state of Michigan. Students have the option to receive a minor in APE from Western Michigan to become a certified APE teacher.

Contact information:

Dr. Jiabei Zhang

4024 Student Recreation Center  
Western Michigan University  
Kalamazoo MI 49008-5426  
Phone: (269) 387-2949  
Fax: (269) 387-2704  
E-mail: [ZHANGJ@wmich.edu](mailto:ZHANGJ@wmich.edu)  
Website: <http://www.wmich.edu/coe/hper/graduate/index.htm>

### **Michigan State University**

Students in this program receive a Master of Science degree with a concentration in Adapted Physical Activity. With this degree, students may work in many different fields such as coaching and teaching individuals with disabilities, and prepares students for doctoral study as well. Students in the Master degree program complete part of their coursework at Eastern Michigan University in a joint degree program. Students will complete 30 semester credit hours culminating in one of four experiences: (a) Master's thesis, (b) Master's project, (c) Internship (60 hours per semester credit), or (d) Comprehensive examination. Students are expected to show evidence of professional involvement, demonstrate their teaching effectiveness within an APA setting, and to know and understand the role of research in an APA setting.

Contact information:  
Department of Kinesiology  
138 IM Sports Circle  
Michigan State University  
East Lansing, MI 48824-1049  
Website: <http://edweb6.educ.msu.edu/kin/academics/ms/MSadaptd2.htm>

### **Saginaw Valley State University**

This program offers a Masters of Arts in Teaching (MAT) to already endorsed individuals in special education or PETE (36 credits). In addition, the program offers an endorsement in APE (19 credits) to prepare prospective and current teachers to become effective in teaching individuals with disabilities as direct service providers or as a collaborative team member in the schooling process for individuals with disabilities. Individuals completing this program will become Certified Adapted Physical Educators through taking the APENS national examination.

Contact information:  
Dr. Robert Pratt and Dr. Jennifer Bridges  
Coordinators, Physical Education Teacher Education  
7400 Bay Road  
University Center, MI 48710  
Phone: 989-964-4622; 989-964-7324  
E-mail: [rpratt@svsu.edu](mailto:rpratt@svsu.edu); [bridges@svsu.edu](mailto:bridges@svsu.edu)  
Website: <http://www.svsu.edu/phe/me.cfm>

### **Wayne State University**

At Wayne State University, students have the option of completing an APE endorsement. In this case, potential students must hold a valid Michigan teaching certificate in physical education or special education along with a baccalaureate degree. Students in the endorsement program will take 12 credits of courses in APE and 12 in approved special education courses.

Contact information:

Jeffrey Martin

Kinesiology, Health and Sport Studies  
265 Matthaei Physical Education Center

Wayne State University

Detroit, MI 48202

Phone: (313) 577-1381

E-mail: [aa3975@wayne.edu](mailto:aa3975@wayne.edu)

Website: <http://www.bulletins.wayne.edu/qbk-output/edu8.html>

### **Minnesota State University Mankato**

The student's program of study is determined by the type of degree they seek (Master of Arts or Master of Sciences), but Minnesota State University Mankato allows their students to design the course of study to fit their needs in Developmental/Adapted Physical Education (D/APE). Students have the option to complete a thesis or an alternate plan paper to be eligible to graduate. To obtain licensure in D/APE the student must first have an undergraduate teaching degree in physical education.

Contact information:

Dr. Sherry Folsom-Meek, Coordinator

Minnesota State University

228 Wiecking Ctr.

Mankato, MN 56001-6062

Phone: (507) 389-2626

E-mail: [sherry.folsom-meek@mnsu.edu](mailto:sherry.folsom-meek@mnsu.edu)

Website: <http://ahn.mnsu.edu/hp/graduate/dape.html>

### **St. Cloud State University**

St. Cloud offers a Master of Science degree in Physical Education with an emphasis on Developmental/APE. Students may choose one of two plans to complete their degree; Plan A requires the students to write a Master's thesis and can be completed in 30 semester credit hours, while Plan B requires the students to finish a Master's paper and take an oral examination over the paper.

Plan B can be completed in 33 semester credit hours, and both plans may be for full or part time students.

Contact information:

Department of Health, Physical Education, Recreation, and Sport Science

327 Halenbeck Hall

St. Cloud, MN 56301

Phone: (320) 308-2155

Fax: (320) 308-5399

E-mail: [hperss@stcloudstate.edu](mailto:hperss@stcloudstate.edu)

Website:

<http://bulletin.stcloudstate.edu/gb/programs/PhysicalEducation.asp>

### **University of Minnesota**

This program offers a licensure/ additional licensure in Developmental and APE (D/APE). This licensure can be completed in 19 credit hours that can also be applied to a Master of Education degree in Applied Kinesiology for a total of 30 credit hours.

Contact information:

School of Kinesiology

1900 University Ave SE

Minneapolis, MN 55455

Phone: (612) 625-5300

Fax: (612) 626-7700

E-mail: [kin@umn.edu](mailto:kin@umn.edu)

Website: <http://www.education.umn.edu/Kin/Kinesiology/MEd/dape.html>

### **North Carolina Central University**

Students attending NCCU will graduate with a Master of Science degree in APE. The program is designed to tie theory to practice in working with individuals with varying disabilities in many practicum settings. Students will complete 36 semester credit hours and must have an undergraduate degree in physical education or a similar/related field to be admitted into the program, and will complete the program by writing a Masters thesis.

Contact information:

Chairperson

Department of Physical Education and Recreation

P.O. Box 19542

North Carolina Central University

Durham, NC 27707

Phone: (919) 560-6186 or (919) 530-5383

E-mail: [politano@wpo.nccu.edu](mailto:politano@wpo.nccu.edu)

Website: <http://www.nccu.edu/artsci/pe/grad.html>

### **East Carolina University**

East Carolina University offers a Master of Arts and Master of Education degree in APE. In 36 semester hours, students will be able to tie theory to practice by working in a variety of practicum experiences with individuals with different disabilities. This program prepares students to teach individuals with disabilities as well as to act as a consultant in the education process. Students have to option to work on a thesis or non-thesis track in this program.

Contact information:

Dr. James Decker

168 Minges Coliseum

Greenville, NC 27858

Phone: (252) 328-0001

E-mail: [deckerj@mail.ecu.edu](mailto:deckerj@mail.ecu.edu)

Website: <http://www.ecu.edu/cs-hhp/programs.cfm>

### **New Mexico State University**

New Mexico State offers students a Master of Arts in Education degree with a graduate minor in APE. The mission of this program is to provide individualized instruction to individuals with disabilities and to provide the students at NMSU with the knowledge and abilities to appropriately teach and plan for teaching individuals with disabilities. The program is based on the APENS national standards, with the goal to graduate Certified APE (CAPE) teachers. This program also offers one online course entitled: Adapted Physical Education National Standards Professional Preparation for those who may not live near the university.

Contact information:

Scott J. Pedersen, Ph.D., CAPE

Assistant Professor

Director, NMSUAPE Program

Physical Education, Recreation and Dance Department

New Mexico State University

P.O. Box 30001 MSC-3M

Las Cruces, NM 88003

E-mail: [pedersen@nmsu.edu](mailto:pedersen@nmsu.edu)

Website: <http://education.nmsu.edu/nmsuape/>

### **University of Nevada Las Vegas**

UNLV offers both a Master of Science and Master of Education in Sports Education Leadership degree with a concentration in APE/APE endorsement (36 semester credit hours). The Master of Science program is a thesis track program, while the Master of Education program is a non-thesis track program culminating in a project or written exam. This university also offers a Doctor of Philosophy degree in Sports Education with a concentration in APE, which requires 66 hours of courses beyond the Master's degree.

Contact information:

University of Nevada Las Vegas  
Department of Sports Education Leadership  
4505 Maryland Parkway  
P.O. Box 453031  
Las Vegas , NV 89154-3031  
Phone: (702) 895-5057  
Fax: (702) 895-5056  
Website: [http://education.unlv.edu/Sport\\_Ed/new\\_design/grad.html](http://education.unlv.edu/Sport_Ed/new_design/grad.html)

### **State University of New York College at Cortland**

SUNY Cortland offers its students a Master of Science in Education in Physical Education with a specialization in APE. The mission of this program is to develop individuals who are well rounded and knowledgeable agents of change. The specialization focuses on the APENS national standards and prepares individuals to work with students with varying disabilities. Individuals in this program will complete 30 credit hours cumulating in either a thesis or comprehensive examination.

Contact information:

Jerry Casciani  
Department Chair  
Department of Physical Education  
E 255 Park Center  
SUNY Cortland  
P.O. Box 2000  
Cortland, NY 13045  
Phone: (607) 753-5577  
E-mail: [cascianij@cortland.edu](mailto:cascianij@cortland.edu)  
Website: <http://www.cortland.edu/physed/APEGradProgram.htm>

### **Adelphi University**

Adelphi offers a Master of Arts degree in Physical Education with an emphasis on APE accompanied by an Adelphi certificate in APE. The program is designed to improve teaching skills, offer research opportunities, and introduce students to the many career opportunities in APE. The program of study can be designed to meet the needs and interests of the student.

Contact information:

Adelphi University  
Department of Health Studies, Physical Education, and Human Performance  
Science  
Woodruff Hall, Gymnasium  
1 South Avenue  
P.O. BOX 701

Garden City, NY 11530-0701  
Phone: (516) 877-4260  
Fax: (516) 877-4258  
Website: <http://education.adelphi.edu/hpe/physed/GRAD/>

### **The State University of New York, College at Brockport**

SUNY Brockport prides itself in being the first university to offer specialization in APE across the country in 1968. Students in this program complete a number of practicum and field experiences throughout their educational process at SUNY Brockport. Recently, SUNY Brockport has received a federal grant from the U.S. Department of Education to provide scholarships for graduate students seeking a degree in APE. Potential students seeking professional certification need to have a teaching certificate in physical education, while non-certification students should have completed at least 12 semester hours of physical education related coursework. Students will graduate with a Master of Science degree with a concentration in APE or early childhood APE (30 semester credits total).

Contact information:

Joseph P. Winnick, Ed.D.  
Department of Physical Education & Sport  
SUNY College at Brockport  
350 New Campus Drive  
Brockport, New York 14420-2994  
Phone: (585) 395-2383  
E-mail: [JWinnick@brockport.edu](mailto:JWinnick@brockport.edu)  
Website: <http://www.brockport.edu/pes/adapted/overview.doc>

### **The Ohio State University, Main Campus**

The mission of the APE program at OSU is to provide its students with opportunities to work with individuals with disabilities in various community settings as well as through various research projects. OSU offers its students Master of Arts (53-60 credits total) and Doctor of Philosophy degrees in Adapted Physical Education. Prospective students who are current physical education teachers may also work toward an Ohio endorsement certificate in APE. Students completing the Masters degree and endorsement certificate take the APENS national certification exam and Masters students must also complete a comprehensive exam or thesis in order to graduate. Both the Masters and Doctoral students have the opportunity to work in various settings with individuals with disabilities as well as to teach and supervise undergraduate students in a lab setting.

Contact information:

David Porretta, Ph.D.  
The Ohio State University  
1760 Neil Avenue  
Pomerene Hall, Room 202

Columbus, OH 43210  
Phone: (614) 292-0849  
Fax: (614) 292-7229  
E-mail: [porretta.1@osu.edu](mailto:porretta.1@osu.edu)  
Website: <http://www.coe.ohio-state.edu/degreesprograms/gradPrograms.cfm>

### **Wright State University**

Wright State offers an undergraduate major in APE. In this program students are given the necessary knowledge to become effective teachers and are given many opportunities to apply the knowledge in a variety of practicum experiences working with individuals with disabilities.

Contact information:

Dr. Willie Gayle  
3640 Colonel Glenn Highway  
316 Nutter Center  
Dayton, Ohio 45435  
Phone: (937) 775-2615  
E-mail: [willie.gayle@wright.edu](mailto:willie.gayle@wright.edu)  
Website:  
[http://www.cehs.wright.edu/academic/health\\_physed/adapted\\_physed/index.php](http://www.cehs.wright.edu/academic/health_physed/adapted_physed/index.php)

### **Oregon State University**

Oregon State offers a Master of Science degree in Movement Studies in Disability and a Doctor of Philosophy in Exercise and Sport Science degree in Movement Studies in Disability. Both programs are designed to help graduates to work effectively with individuals with disabilities in their motor and fitness needs as well as participate in various research projects. This program provides in depth theory classes in which the students have the opportunity to put into practice in different field experiences working with individuals with disabilities.

Contact information:

Jeff McCubbin  
College of Health and Human Sciences  
Oregon State University  
123A Women's Building  
Corvallis, OR 97331-5109  
Phone: (541) 737-5921  
Fax: (541) 737-4230  
E-mail: [jeff.mccubbin@oregonstate.edu](mailto:jeff.mccubbin@oregonstate.edu)  
Website: <http://www.hhs.oregonstate.edu>

### **University of Pittsburgh**

The University of Pittsburgh offers a certificate in APE that targets health and physical education teachers to enhance their knowledge and skills for teaching

students with disabilities as well as to facilitate inclusion within their general education classes. Individuals seeking to complete the APE certification process must take 24 credit hours that include at least six credits in the core specialization.

Contact information:

Graduate Coordinator

Department of Health and Physical Activity

140 Trees Hall

Phone: (412) 648-8320

Fax: 412-648-7092

E-mail: [hpred@pitt.edu](mailto:hpred@pitt.edu)

Website: <http://www.umc.pitt.edu/bulletins/graduate/edhealth.htm>

### **Texas A&M University**

This program offers Master of Education and Master of Science degrees in Adapted Physical Education, potential Masters students are encouraged to have teaching experience prior to entering the program.

Contact information:

Ron McBride (Pedagogy) (979) 845-8788

Stephen Dorman (Department Head) (979) 845-1333

Department of Kinesiology

Texas A&M University

College Station, TX 77843

Phone: (979) 845-3209

Website: <http://stpe.tamu.edu/grd1.htm>

### **Texas Woman's University**

TWU offers its students a Master of Science degree in APE as well as a Doctor of Philosophy degree in Adapted Physical Activity (APA). The Masters degree program is a 36 credit hour program cumulating in a Masters thesis or non-thesis project, professional portfolio, and completing the APENS national exam; this program is possible to complete in one calendar year. The emphasis of this program is on preparing students to work with individuals with low incidence disabilities in the least restrictive environment. The PhD program offers students many opportunities to complete projects and make presentations to build their professional portfolio. Students completing this well known doctoral program are identified as highly qualified teacher educators in APA. It is recommended that potential doctoral students have a minimum of two years of teaching experience prior to entering the program.

Contact information:

Dr. Ronald French

Dept. of Kinesiology, Pioneer Hall 208  
P.O. Box 425647  
Denton, TX 76204-5647  
Phone: (940) 898-2582  
Fax: (940) 898-2581  
E-mail: [RFrench@twu.edu](mailto:RFrench@twu.edu)  
Website: [http://www.twu.edu/hs/kines/g\\_program\\_phd\\_ape.htm](http://www.twu.edu/hs/kines/g_program_phd_ape.htm)

### **University of Utah**

The University of Utah offers both a Master of Science and Doctor of Philosophy degree in Special Physical Education. The two-year Master's program is designed to develop teaching skills through a series of practicum experiences in order to develop an effective special physical education teacher and both a thesis (32 credit hours) and non-thesis (36 credit hours) program of study is available. The Doctoral program emphasizes research and practicum experiences to provide future teacher educators who are knowledgeable in the field both in theory and practice.

Contact information:

Hester L. Henderson, Ph.D.  
Director of Special Physical Education Program  
University of Utah  
Department of Exercise and Sport Science  
250 South 1850 East Room 241  
Salt Lake City, UTAH 84112-0920  
Phone: (801) 581-7964  
E mail: [hester.henderson@health.utah.edu](mailto:hester.henderson@health.utah.edu)  
Website: <http://www.health.utah.edu/ess/graduate/physEd/>

### **University of Virginia**

The University of Virginia offers several graduate programs in APE. The Master of Education in APE focuses heavily on practical experiences where Master's students teach APE in the surrounding public schools; this program can be completed in just over one year- two summers and two semesters (fall and spring). In addition, the University of Virginia offers Doctor of Philosophy and Doctor of Education degrees in APE. The Doctor of Philosophy degree program focuses heavily on research in preparing doctoral students to teach at research one institutions of higher education. The Doctor of Education degree program focuses on research as well as preparing doctoral students to be professors in teacher-training universities.

Contact information:

Luke Kelly  
University of Virginia  
Memorial Gymnasium 221

Charlottesville, Va. 22904-4261

Phone: (434) 243-2314

E-mail: [lek@virginia.edu](mailto:lek@virginia.edu)

Website: <http://curry.edschool.virginia.edu/kinesiology/adaptpe/>

### **University of Wisconsin at LaCrosse**

The University of Wisconsin at LaCrosse offers a Master of Science degree in Physical Education Teaching with a Special Populations Emphasis (35 credits total). The mission of the Special Populations Programs at UWL is to provide many community-based physical activity and physical education programs by preparing students to be direct service providers to individuals with disabilities. Individuals who complete the program will be eligible to receive APE specialist certification. Masters students in this program receive courses in assessment, teaching methods, specific disabilities, curriculum development, and supervision as well as a variety of clinical experiences.

In the Graduate Certification in Special Physical Education program (18 credits total); full time physical education teachers are able to complete their APE certificate in only three summers. At the completion of this program, students will be eligible to receive the add-on certificate in APE. This program provides teachers who currently teach individuals with disabilities with necessary skills and abilities to effectively teach students with disabilities.

Contact information:

Dr. Manny Felix & Dr. Garth Tymeson

114 Wittich Hall

UW - La Crosse, La Crosse, WI 54601

Phone: 608.785.8691

FAX: 608.785.8206

E-mail: [specialpops@uwlax.edu](mailto:specialpops@uwlax.edu); [felix.emma@uwlax.edu](mailto:felix.emma@uwlax.edu);  
[tymeson.gart@uwlax.edu](mailto:tymeson.gart@uwlax.edu)

Website: <http://www.uwlax.edu/sah/ess/sape/grad.htm>

### **University of Wisconsin, Oshkosh**

The University of Wisconsin Oshkosh has developed a minor in APE to ultimately certify prospective teachers with an APE licensure for Wisconsin and also to prepare students with the necessary coursework to take the APENS national examination. The minor can be completed in 26 credit hours.

Contact information:

Dr. Robert Weber

Department of Kinesiology & Health

Kolf Physical Education Center

UW Oshkosh

800 Algoma Blvd.

Oshkosh, WI 54901

Phone: (920) 424-1231

E-mail: [schmidtw@uwosh.edu](mailto:schmidtw@uwosh.edu); [weberr@uwosh.edu](mailto:weberr@uwosh.edu)

Website: <http://www.uwosh.edu/adaptedpe/>

## Chapter Five Family Support Organizations

Below are brief descriptions of websites and organizations providing support and resources for parents of children with disabilities.

- ✈ [Attention Deficit Hyperactivity Disorder](#)
- ✈ [Autism](#)
- ✈ [Cerebral Palsy](#)
- ✈ [Deafness](#)
- ✈ [Diabetes](#)
- ✈ [Disabilities](#)
- ✈ [Down syndrome](#)
- ✈ [HIV/AIDS](#)
- ✈ [Mental Retardation](#)
- ✈ [Multiple Sclerosis](#)
- ✈ [Muscular Dystrophy](#)
- ✈ [Spina Bifida](#)
- ✈ [Spinal Cord Injuries](#)
- ✈ [Turret's Syndrome](#)
- ✈ [Visual Impairments](#)

### Attention Deficit Hyperactivity Disorder

<http://www.help4adhd.org/>

This website is the National Resource on AD/HD. In the search box, type in parents, and a section will show up called "Parenting a Child with AD/HD." Here you can find local support groups for parents as well as seek help for your child.

### Autism

<http://www.autismspeaks.org/?gclid=CPE79Nz785gCFQwNGgodN3NB1Q>

Autism Speaks launched the online family services resource guide. This database, which has grown to over 15,000 entries, allows families to search by state or zip code to find a wide range of local or regional services.

<http://www.easterseals.com/site/PageServer>

Easter Seals has been helping individuals with disabilities and special needs, and their families, live better lives for nearly 90 years. From child development centers to physical rehabilitation and job training for people with disabilities, Easter Seals offers a variety of services to help people with disabilities address life's challenges and achieve personal goals.

## **Cerebral Palsy**

<http://www.ucp.org/index.cfm>

This website is to the United Cerebral Palsy organization. There are links for parents and families, employment opportunities, health and wellness and much more.

## **Deafness**

<http://www.agbell.org/DesktopDefault.aspx>

This website is the Alexander Graham Bell site. The parents section is there to give support and information to the families and friends of a child who is deaf. There are message boards, resources and news for parents.

## **Diabetes**

<http://www.diabetes.org/for-parents-and-kids/resources.jsp>

At the American Diabetes Association website you can find books, magazines and articles specifically on raising children who have diabetes.

## **Diabetes, Children with**

[http://www.childrenwithdiabetes.com/index\\_cwd.htm](http://www.childrenwithdiabetes.com/index_cwd.htm)

The website, "Children with Diabetes", identifies camps, conferences, and chat rooms available for the parents of children with diabetes

## **Disabilities**

<http://www.nichcy.org/pages/home.aspx>

This center provides information about:

- disabilities in children and youth;
- programs and services for infants, children, and youth with disabilities;
- IDEA, the nation's special education law;
- No Child Left Behind, the nation's general education law; and
- research-based information on effective practices for children with disabilities.

## **Down syndrome**

<http://www.bandofangels.com/>

Band of Angels is the world's largest provider of non-medical information on Down syndrome. Established in 1994 by Cynthia Kidder, a national advocate for educating and employing children with Down syndrome and other disabilities, Band of Angels produces [high-end stationery products](#), [Halo with a Twist® jewelry](#), and [other products](#) that celebrate life with Down syndrome.

[http://www.ds-health.com/ds\\_sites.htm](http://www.ds-health.com/ds_sites.htm)

Links related specifically to Down syndrome as well as websites made by people who have Down syndrome can be found at this site.

### **HIV/AIDS**

<http://kidshealth.org/parent/infections/std/hiv.html>

Provides information relating to the general health of children with HIV, their growth and development, the signs and symptoms, how it can be transmitted and additional information to can assist a parent of a child with HIV.

<http://www.webmd.com/hiv-aids/default.htm>

This is a medical website that families can go on to find out more information about their child's specific disability.

### **Mental Retardation**

<http://www.aamr.org/>

American Association on Intellectual and Developmental Disabilities (AAIDD) promotes progressive policies, sound research, effective practices and universal human rights for people with intellectual and developmental disabilities.

### **Multiple Sclerosis**

[http://www.nationalmssociety.org/nvn/event/event\\_detail.asp?e=8304](http://www.nationalmssociety.org/nvn/event/event_detail.asp?e=8304)

The National Multiple Sclerosis Society provides a site for parents and families of children with MS. On the left side of the page, you can click on "Client Programs" and different topics will show up; for example, a program calendar, caregiver programs, and research on MS.

### **Muscular Dystrophy**

[www.parentprojectmd.org](http://www.parentprojectmd.org)

This website is called "Parent Project of Muscular Dystrophy." This has news releases, educational services, treatment, emotional issues and more for parents of children with muscular dystrophy

## **Spina Bifida**

<http://www.sbhao.on.ca/SBsupport.asp>

The “Spirit, Breakthrough and Hope” website provides information about Spina Bifida, the different medical treatments, the associations from around the world, as well as current research related to Spina Bifida.

## **Spinal Cord Injuries**

[www.spinalcord.org](http://www.spinalcord.org)

The National Spinal Cord Injury Association provides indexed topics from A-Z with sites and resources just for parents, families and caregivers of people with a spinal cord injury.

<http://www.spinalinjury.net>

This is a resource center about Spinal Cord Injury.

<http://www.ninds.nih.gov/disorders/sci/sci.htm>

The mission of National Institute of Neurological Disorders and Stroke (NINDS) is to reduce the burden of neurological disease - a burden borne by every age group, by every segment of society, by people all over the world.

## **Turret’s Syndrome**

<http://www.tsa-usa.org/>

At the Turret’s Syndrome Association website parents can learn about medical research, news and events, and can also subscribe to their newsletter.

<http://tourettenowwhat.tripod.com/tscamp.htm>

This camp is for children with Turrets, and the webpage identifies links about Turrets syndrome.

## **Visual Impairments**

<http://www.spedex.com/napvi/>

The National Association for Parents of Children with Visual Impairments includes information relating to current research, publications, conferences, a parent directory and much more.

<http://www.campabilities.org>

Camp Abilities is a one week developmental sports camp for children who are visually impaired, blind, or deafblind. The camp is set up to provide a 1:1 instructional situation for each child.

<http://www.nfb.org/nfb/default.asp>

With more than 50,000 members, the National Federation of the Blind (NFB) is the largest and most influential membership organization of blind people in the United States. The NFB improves blind people's lives through advocacy, education, research, technology, and programs encouraging independence and self-confidence. It is the leading force in the blindness field today and the voice of the nation's blind. In January 2004 the NFB opened the National Federation of the Blind Jernigan Institute, the first research and training center in the United States for the blind led by the blind.

## Chapter Six Human Resources

Below are some of the professionals who can be involved in the adapted physical education process. Brief descriptions of their services, how they can assist with APE, and links to their professional organizations are provided.

- ✈ [American Sign Language](#)
- ✈ [Assistive Technology Specialists](#)
- ✈ [Health Service Personnel](#)
- ✈ [Occupational Therapists](#)
- ✈ [Orientation and Mobility Specialists](#)
- ✈ [Physical Therapists](#)
- ✈ [Recreation Therapists](#)
- ✈ [Social Workers](#)
- ✈ [Speech and Language Therapists](#)
- ✈ [Vision Specialists](#)

### **American Sign Language**

ASLPro.com was created to be a free resource for the classroom teacher. Teachers can create accounts and personalize a quiz for their students' use, then take them into a lab and let them practice seeing models other than their own teacher. Because our signs are designed to be used in student quizzes, Non-Manual Signals are purposefully omitted.

**American Sign Language:** <http://www.aslpro.com/>

### **Assistive Technology**

Assistive Technology Service Personnel provide a valuable service for students with disabilities. Accessing technology can be a key to functional performance. These personnel can advise and assist with acquiring such devices as switches, PDAs, communication devices, and video systems.

**The Alliance for Technology Access:** <http://www.ataccess.org/>

### **Health Services**

Health Service Personnel ensure the medical needs of students with disabilities are attended to. Areas addressed include maintenance of medications, catheterizations, tracheotomy tubes, and feeding tubes. All of these areas may need attention during physical education.

**American School Health Association:** <http://www.ashaweb.org/>

## **Occupational Therapy**

Occupational therapists use purposeful activity to improve daily living skills; academic and vocational pursuits; and play or leisure activities that occur in school environments. Areas commonly addressed by occupational therapists and adapted physical educators include sensory needs, dressing skills, and ensuring access to the physical education environment.

**The American Occupational Therapy Association:** <http://www.aota.org/>

## **Orientation and Mobility**

Orientation and Mobility Specialists assist students with visual impairment navigate and orient themselves in their school environment. They focus on spatial and environmental concepts and provide travel training. They can provide the physical educator with advice relating to safe ambulation in class.

**Association for Education and Rehabilitation of the Blind and Visually Impaired:**

<http://aerbvi.org/modules.php?name=Content&pa=showpage&pid=1>

## **Physical Therapy**

Physical Therapists in the schools address a child's ability to move as independently as possible in the school environment. The school physical therapist evaluates the child's ability to move throughout the school and to participate in classroom activities. Physical therapists typically overlap in services with adapted physical education in the fitness components of flexibility and muscular strength and endurance. They also address ambulation and mobility.

**American Physical Therapy Association:**

<http://www.apta.org//AM/Template.cfm?Section=Home>

## **Recreation Therapy**

Recreation Therapists are not often found in the schools but could be essential for successful recreation transition. Their services should be a viable related service provided to students as they learn to manage their leisure skills. Therapeutic Recreation provides treatment and recreation services to individuals with illnesses or disabilities. Treatment services restore, remediate, or rehabilitate in order to improve functioning and independence as well as reduce or eliminate the effects of illness or disability. Recreation services provide individuals with disabilities and illnesses with opportunities that can improve health and well-being in recreational settings. Therapeutic recreation is provided by professionals who are trained and certified, registered and/or licensed in this area.

**American Therapeutic Recreation Association:** <http://www.atra-tr.org/>

**National Council on Therapeutic Recreation Certification:**  
<http://www.nctrc.org/>

**National Therapeutic Recreation Society:**  
<http://www.nrpa.org/content/default.aspx?documentId=530>

### **Social Work**

Social Workers provide ecological support for children and families with disabilities. They obtain student histories, provide counseling, and assist with behavior intervention. Social workers can provide valuable information for adapted physical educators completing assessment and determining behaviors strategies for students with disabilities.

**School Social Work Association of America:** <http://www.sswaa.org/>

### **Speech and Language Therapy**

Speech and Language Therapists improve communication behaviors of students with speech and/or language deficits. Physical educators should be aware of each student's primary form of communication and attempt to become competent in those areas. Occasionally speech/language therapists enjoy providing services during physical education as this environment often elicits frequent communicative attempts from the student.

**American Speech-Language-Hearing Association:**  
<http://www.asha.org/default.htm>

### **Vision Therapy**

Vision Specialists evaluate student needs, modify activities, provide needed equipment, and provide suggestions for teachers of students with visual impairments. They can assist the adapted physical educator with understanding and accommodating for their students with visual impairments.

**Association for Education and Rehabilitation of the Blind and Visually Impaired:**  
<http://aerbvi.org/modules.php?name=Content&pa=showpage&pid=1>

## Chapter Seven Media

The following media are valuable resources in adapted physical education. Click on the titles to go to the listings on the internet.

- [!\[\]\(b4d9acb0de7a5d5b1a652dc2a66052ba\_img.jpg\) Textbooks](#)
- [!\[\]\(31c6d18a52e50b122d445bd411565a50\_img.jpg\) Supplementary Books](#)
- [!\[\]\(7fe039840ccbd21ba9b03651b827108a\_img.jpg\) Disability Sport](#)
- [!\[\]\(fc684287e75402d0ef8141880091b6fd\_img.jpg\) Assessment](#)
- [!\[\]\(6b5630233e98cad1070bbaf0e8f4345c\_img.jpg\) Videos](#)
- [!\[\]\(ab0bab6f0d33cc523b68f7deb7793c1a\_img.jpg\) Periodicals](#)

### Textbooks

**Adapted Aquatics Programming: A Professional Guide** by Monica Lepore, G. William Gayle, and Shawn F. Stevens

**Adapted Physical Activity** by Robert Steadward, Garry D. Wheeler, and E. Jane Watkinson

**Adapted Physical Activity, Recreation and Sport** by Claudine Sherrill

**Adapted Physical Education and Sport** by Joseph P. Winnick

**Assistive Devices, Adaptive Strategies, and Recreational Activities for Students with Disabilities** by Buzz Williams

**Case Studies in Adapted Physical Education: Empowering Critical Thinking** by Samuel R. Hodge, Nathan M. Murata, Martin E. Block, and Lauren J. Lieberman

**Developmental/Adapted Physical Education: Making Ability Count (4th Edition)** by Michael Horvat, Carl B. Eichstaedt, Leonard H. Kalakian, and Ron Croce

**Developmental and Adapted Physical Activity Assessment** by Michael Horvat, Martin E., Ph.D. Block, and Luke Kelly

**Making Connections: From Theory to Practice in Adapted Physical Education** by Janet A. Seaman, Karen P. DePauw, Kimble B. Morton, and Kathy Omoto

**Positive Behavior Management in Physical Activity Settings-2nd Edition** by Barry Lavay

**Practicum In Adapted Physical Activity** by Claudia, Ph.D. Emes and Beth P. Velde

**Principles and Methods of Adapted Physical Education and Recreation** by David Auxter, Jean Pyfer, and Carol I. Huettig

**Teacher's Guide to Including Students with Disabilities in General Physical Education** by Martin E. Block

### **Supplementary Books**

**Activity for Everyone: Children of All Abilities in a Regular Physical Activity Program**, 2<sup>nd</sup> Edition, by Deborah Randazzo and Kris Corless

**Adapted Games and Activities: From Tag to Team Building** by Pattie Rouse

**Adapted Physical Education National Standards: National Consortium for Physical Education and Recreation for Individuals with Disabilities** by Luke E., Ph.D. Kelly

**Strategies for Inclusion: A Handbook for Physical Educators** by Lauren J. Lieberman and Cathy Houston-Wilson

**Including Students with Disabilities in Physical Education**, by April Tripp, Cindy Piletic, and Garth Babcock, Editors

**Including Youth with Disabilities in Outdoor Programs** by Steve Brannan, Ann Fullerton, Joel Arick, Gary Robb & Mike Bender

**Inclusion Through Sports** by Ronald W. Davis

**Inclusive Creative Movement and Dance** by Kaufmann, Karen A.

**Inclusive Games** by Susan L. Kasser

**Inclusive Physical Activity** by Kasser, Susan L.

**Games for People with Sensory Impairments** by Lauren Lieberman

**Physical Activities for Improving Children's Learning and Behavior** by Billye Ann Cheatum

**Perceptual-Motor Behavior in Down Syndrome** by Daniel J. Weeks

**Re-envisioning Dance** by Jane Elin and Boni Boswell

**The Teacher's Survival Guide Book (Adapted PE)** by Christine Stopka

### **Disability Sport**

**Disability Sport** by Karen P. Depauw and Susan J. Gavron

**Disability Sport and Recreation Resources** by Michael J. Paciorek and Jeffery A. Jones

**Fitness Programming and Physical Disability: A Publication for Disabled Sports USA** by Disabled Sports USA and Patricia D. Miller

**Raising the Bar: New Horizons in Disability Sports** by Artemis Joukowsky II, Larry Rothstein, and Christopher Reeve

### **Assessment**

**The Brockport Physical Fitness Test Manual** by Joseph P. Winnick and Francis X. Short

**The Louisiana Competency Test for Adapted Physical Education**

<http://www.doe.state.la.us/ide/uploads/2674.pdf>

**Project MOBILITEE**

[http://www.tahperd.org/LINKS/links\\_popups/links\\_popup\\_APE\\_tests.html](http://www.tahperd.org/LINKS/links_popups/links_popup_APE_tests.html)

### **Videos**

The following videos can be purchased through the [PE Central Store](#).

<http://emerchant.aciwebs.com/stores/pecentral/>

**ACCESSories: Adapted Physical Education Equipment Designed with Activity in Mind**

**Autism: Equipment Turn-on's for Adapted Physical Education**

**disAbility Awareness**

**How Can We All Play? Severe disAbility in PE**

**\*[Physical Activity for All DVD-ROM](http://www.pdassoc.com/pafa.htm) : <http://www.pdassoc.com/pafa.htm>**

**Toys from Trash: Inexpensive Equipment Options for Physical Education**

## **Periodicals**

- ✈ **Ability**  
<http://www.abilitymagazine.com/>
- ✈ **Active Living**  
[www.activelivingmagazine.com](http://www.activelivingmagazine.com)
- ✈ **Adapted Physical Activity Quarterly**  
<http://www.humankinetics.com/APAQ/journalAbout.cfm>
- ✈ **Journal of Physical Education, Recreation and Dance**  
[www.aahperd.org/aahperd/template.cfm?template=johperd\\_main.html](http://www.aahperd.org/aahperd/template.cfm?template=johperd_main.html)
- ✈ **Kids on Wheels**  
[www.kidsonwheels.cc](http://www.kidsonwheels.cc)
- ✈ **New Mobility**  
[www.newmobility.com](http://www.newmobility.com)
- ✈ **Palaestra**  
<http://www.palaestra.com/>
- ✈ **Sports and Spokes**  
<http://www.pvomagazines.com/sns/>
- ✈ **Teaching Exceptional Children**  
<http://escholarship.bc.edu/education/tecplus/>
- ✈ **The Exceptional Parent**  
<http://www.eparent.com/>

## Chapter Eight Specialists in the Field

The purpose of this section is to identify noted Adapted Physical Education Specialists. Professionals are sorted by geographic region. These individuals may be available to present professional development workshops and/or answer questions related to the fields of Adapted Physical Education and Adapted Physical Activity.

- ✈ [West](#)
- ✈ [Midwest](#)
- ✈ [East](#)
- ✈ [South](#)

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