

SOUTHERN LINKS

**Southern District/South Carolina Alliance for HPERD Convention
February 10-14, 2010 Myrtle Beach, South Carolina**

GENERAL SESSION SPEAKERS:



DR. IRENE CUCINA
Thursday, February 11, 2:30
"Wind of Change"



DR. ANN KULZE
Friday, February 13, 5:00
"Eat Right for Life"



CEU and Professional Development Credit Opportunity:

Come to the Professional Development Table in the Registration Area for Details

CHES Credits for Health Educators

Professional Development for **Physical Educators**

NATA CEUs for Certified **Athletic Trainers**

Professional Development for **Dance Educators**

Graduate School Credit available from the College of Charleston:

Contact Andrew Lewis *prior to the convention* to register for 1 graduate credit

Persons enrolled will be required to attend various sessions, complete a convention sheet, and a summary write-up for each session attended. Credit for this course will not count toward completion of a CofC catalog degree, but can count toward recertification and salary advancement. For more information, contact Andrew Lewis lewisa@cofc.edu

NOTE: The US Postal Service does not forward bulk-rate mail. If you know a Southern District Alliance member who did not receive this flyer, have him/her contact AAHPERD to confirm membership information.

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SOUTHERN LINKS
SOUTHERN DISTRICT OF THE AMERICAN ALLIANCE
FOR HEALTH, PHYSICAL EDUCATION,
RECREATION AND DANCE
PO Box 307, Arley, AL 35541

Tentative Program - See the Convention Flyer on the Website for more Convention Highlights

Wednesday, February 10, 2010

8:00 AM–NOON

Physical Conditioning Activities for Brain - Based

Take Control of Your Next Steps (Success in Sports)

Soar "Into the Wind" with Health

8:00 AM–4:00 PM

"Face your Fears" on a Low & High Ropes Course - **Plan to attend?**

You must contact Jane Millen, jmillen1@sc.rr.com Free but space is limited.

1:00–5:00 PM

Title IX: Implications for Women in Sport & Ed

HECAT: Health Education Curriculum Assessment

9:00-11:00 PM

WD 40 Dance

Thursday, February 11, 2010

7:00–9:00 AM

Joint Projects Breakfast (By invitation)

7:30-8:25 AM

Southern District Representative Assembly Delegate Check-in

8:00 AM—NOON

DOTS (Dancing on the Spot)

8:15-9:15 AM

Teaching Sport Through Appropriate Progressions

MCHES: Sailing Into the Future

"DON'T FEAR THE "I" WORDS" (INCLUSION & IEP)

Millennials and Sport Management Internships

Retaining the Minority/Diverse HPE Student

8:30-11:45 AM

Southern District Representative Assembly

9:30-10:30 AM

Science/Health Curricula Comes Alive through Dance

Bocce for All Levels

CATCH-Non Elimination Physical Education Games

Disc Lacrosse

SOS: Strategies of Success for all Ages & Abilities

Star Tech PE

Depths of Depression: A Slippery Slope To Suicide

A look at the Role of Education in Kuwait's Contem

Fuel Up To Play

Risk Management in Motorsports

Did Katrina Open the Door to Violence in New Orleans?

10:45-11:45AM

Working with the Principles of F.M. Alexander

Enhancing Community in the Classroom

No-Nonsense Lessons: Teaching to Standards the Five for Life Way

Implementing Resistance Training in PE Classes

Moving & Grooving for the PE Teacher

College Football Scheduling Project

Internship Policies and Practices: A Discussion

iPE - Using Your MP3 Player in Health & PE

Sport Teams: Can They Solve Community Problems?

Health & PE in the Top Industrialized Nations

E-Portfolios in the Classroom: Lessons Learned

12:00-1:00 PM

Tap Dance in Musical Theatre

Encouraging Physical Activity Through Video Games

Tchoukball: New, Exciting, Vigorous, and Fun

Move It! Don't Lose It!

Playing and Learning in the Classroom?!?

Can Adventure Programs Affect Student Retention?

Opening Up Global Link in PETE Course

Dietary Habits of Greek H.S. Students

Sport Management: Classroom or Clinical?

Effects of Class Size on Activity Levels in P.E.

1:15-2:15 PM

The Quincenera: Dance as a Rite

Team building games and strategies

Technology Plus Data Drives Decisions for PE Too

Clicking for Health Education

Old Games with a New Twist

Integrating Experiential Activities in Sport Management

Infusing Advocacy into a College Fitness Course

Building Bridges: International Opportunities

PLAY ON! Playground Learning Activities for Youth

I'm Mad as Hell and It's Killing Me!

Impact of School-Based BMI Screening on Child Health

AAHPERD Delegate Meeting

2:30-6:30 PM

Kaleidoscope Dance Rehearsal

2:30-3:30 PM

S.A.I.L - Stay Active & Independent for Life

Volleyball Mastery: Motor Learning Concepts

Alternative Ideas for Movement in the Classroom

Do we Need a Rating System for Youth Sport?

Common Health Issues in Women

Breastfeeding: America's Negative Stigma

Positive Strategies for Students with Autism in PE

Character Education and Moral Reasoning in Sport

Distance Education: 3 steps to success

2:30- 4:00 PM

Southern District General Session—Dr. Irene Cucina

3:45-4:45 PM

Leadership Is Essential: Get On Board

Jump Rope For Heart

Teaching with Technology

Corporate Sponsorship of High School Athletics

Nutrition for Athletes

Tentative Convention Program - Subject to Change

Quality Assurance to Improve HE Competencies

Women's Wellness - All Girls Advanced Physical Education

6:00-7:00 PM
State and University Socials

SDAAHPERD Retiree and Future Professionals Social

7:00 - 9:00 PM / 9:00-10:00 PM
Kaleidoscope Dance / Post Kaleidoscope Review

Friday, February 12, 2010

7:30-9:30 AM
McGraw Hill Health Linkage Breakfast (By invitation)

8:00 AM-NOON
DOTS (Dancing on the Spot)

8:15-9:15 AM
Bridging the Gap through Adventure Education

Shag Dance Basics

Fitness Fun for Everyone!

Balancing Your Way to Better Reading Skills

Water Aerobic Exercise Program for Elderly Women

Professional Portfolios for Future Professionals

Southern District New Board Orientation

SCAPES Annual Board Meeting and Elections

Southern District Physical Education Assembly of Members

South Carolina AAHE Annual Board Meeting and Elections

9:30-10:30 AM
Dare to Dance

Planning the Effective Dance Lesson

Socci Multi Sport System

Keep 'em Moving

Wellness "unwrapped"

Healthy Living Opportunities On Campus

Unlocking Your Leadership Potential

Training Future Healthcare Providers to use 5A's

Southern District Committee Chairs

Service Learning in the Kinesiology Curriculum

Open Forum in Sport Management, Part 1

General Division Assembly of Members

Health Education in Afterschool Programs

10:45-11:45AM
Integrating Core Academics with P.E.

Food 4 Thought: Using Pedometers to Teach Nutrition

Beyond Skills: A Tactical Approach to Net Games

PE Is More Than Duck Duck Goose, The Right Stuff!

State AHPERD Publications: The Role of Journals

Leader of the Pack

Project Based Learning in Health and Physical Education

2011 Southern District Convention Planning Committee

Open Forum in Sport Management, part 2

Advocacy for Equally Effective Adapted Sport and Adapted Physical Education (APE)

Diabulimia: A diabetic's emerging eating disorder

Is Your Class Ready for Some Health Games?

11:30-1:30PM
Dance Division Recognition Luncheon (Advance ticket purchase)

12:00 -1:00 PM
How Wii Play & Healthy/Fit Kids Wii Stay

Fun and Fitness through Folk Dance

Motivating Teen Girls through Fitness Programming

Movement ABCs, Guide to Language Development

Hybrid Games for All Skill Levels

That Amazing Heart / Health Education Grade 5-8

Effects of a Heart Education Program on Women

Adapting Fire Safety Curriculum To Special Needs Population

Current Topics in Athletic Training

Safe In The Sun: Policy and Practice

Visual Supports for Students with Autism

Paying The Price To Major In Sport Management

Legal Concepts in Sport: A Primer

Personal Ownership of Learning -Assessment for PE

12:00 - 2:00 PM
Southern District Past President's Luncheon (by invitation)

12:00-3:30 PM
SDAAHPERD Poster Session

1:15-2:15 PM
Fitness through Middle Eastern Dance!

Barre-less Warm Up

Power Walking using The Flex(tm) Walking Bars

Teaching Biomechanical Concepts

Exergaming: Does Wii Fit Meet Your Needs?

Impact of Campus Recreational Sports Facilities

Analysis, Policy Documents & Brighton Declaration

Assessment, having meaningful tools for PE.

S.A.I.L - Stay Active & Independent for Life

Adventure in NASPE/NCATE Land

Assembly of Members for Sport and Leisure Division

IsPOD - an Obesity Prevention Phenomenon

2:30-3:30 PM
"Tactical" Maneuvers for Teaching Human Sexuality

Dance when the spirit Says Dance

On Line Education Teams Up With Physical Education

The Nuts and Bolts of Cardiovascular Endurance

On-Line Courses -- Real Learning or Cash Cow ?

Faster, Higher, Farther

Developing University-Community Partnerships

Tentative Convention Program - See Website for Convention Information

JRFH/HFH – How technology can help your program!

Southern District Health Assembly of Members

Southern District Dance Assembly of Members

Implementing a Schoolwide Physical Activity Program

Physical Activity Guidelines for Americans (2008)

Using Dance Revolution in Physical Education

3:45-4:45 PM

Best Practices for JRFH/HFH Events

Line dances that teach ballroom basics

Using the HECAT to Develop Performance Standards

Coaching Interscholastic Golf

Adaptive Recreational Programs for Disabled Youth

Strategies for Getting from Good to Better

Improving Academic Achievement

Buff, Brainy, Behaved

Effective Feedback in PE: Can Technology Help?

PE Lab Schools and "Schools of Choice"

5:00 -6:30 PM

South Carolina/Southern District General Session

8:00 PM-12:00 AM

South Carolina Beach Party

Saturday, February 13, 2010

7:30-8:30 AM

State Association Executive Directors' Breakfast (Invitation Only)

8:15-11:45 AM

USAV Palmetto Region Volleyball

8:15-NOON

Teambuilding in the Kinesiology College Classroom

Working Towards Whole Presence through Upper Body

8:15-9:15 AM

Help! I'm Outnumbered!

Make a Difference at your School

Principals' Perceptions of Physical Education

Service Learning: Successes and Challenges

Documenting National Standards 2 and 4

Southern District Committee Meetings

9:30-10:30 AM

Circle Up To Dance

Hike It, Strike It, Roll It, Control It!

Positioning Worksite Health Education

Building Leadership Skills: Gaining the Trust of OTHERS

Stress Happens

Politics, Policy and Physical Education

Boosting Your Brain Power

10:45-11:45AM

Circus Mania

Speedminton Part #1: Get up and get moving

The Anatomy of a Physical Education Class

Enhancing Pedagogical Skills of Teacher Candidates

A Smorgasbord of Ideas for the Secondary PE class/program

Darned if we do, Darned if we don't: Tough Choices About Getting on the "PE for Fitness Bandwagon"

Asthma and the Athlete

South Carolina Jump Rope for Heart/Association Awards

12:00 -1:00 PM

Optimizing Brain Power: Exercises for your Brain

Cascade Juggling

Speedminton Part #2: Game On

What's Missing from the Medicine Cabinet?

Black Female Adolescents

Strategies for Reaching "At Risk" Students in P.E

PA for Students with Intellectual Disabilities

Creating a "Health Promoting University"

Risk Management in Recreation Settings

12:00 - 2:00 PM

Awards Luncheon (Advanced Ticket Purchase Required)

1:15-2:15 PM

Developing a Social Conscience: Dance Education

Cooperative Activities for Physical Education

Double Dutch 101

Active, dynamic warm-up for 21st century athletes

The Healthy Schools Program: Building Healthy Schools

Fit for Hire: Preparing Teachers for Employment

Women In Leadership

Fitness in the 50's

Paraeducators in Inclusive Physical Education

"I'm not moving and you can't make me!"

2:30-3:30 PM

JRFH Demo Teams--LIVE!

Get Your Chi On

The Beauty of Health: Preconception Health Toolkit

A Systematic Review on the Association between Child Sexual Abuse and Adult Obesity

Teaching To The Test: Only Wrong If Not Done Right

Engaging Fitness through Pop Culture

Benefits of Non-traditional Activity Courses

Engage, Interact, and Collaborate in E-Learning

Collaborating for Advocacy at All Levels

2:30-4:00 PM

South Carolina AHPERD Annual Board Meeting

3:45-4:45 PM

Ballet is NOT Boring!

Busting your Budget: See It!-Make It!

HPV Knowledge among Black College Students

Making Instructional Videos Using Camtasia Studio

Physical Education Adaptations for Students

Celebrating School Health Success in South Carolina

Teens with Diabetes - An Opportunity for Success