

# Key Points: HSBS Physical Activity Consultant



## Provide training & technical assistance to Head Start centers

- Make three (3) site visits to a center near you; observe children ages 3-5
- Offer guidance & instruction on facilitating active play & physical activity
- Help staff increase level & quality of moderate to vigorous physical activity (MVPA)
- Provide feedback & encouragement to staff; offer follow-up via phone & email
- Complete site visit reports; keep HSBS Training Director informed of progress



## Receive professional development & training in:

- Early childhood movement development
- Best practices for early childhood movement education
- Inclusive practices
- Enhancing outdoor play spaces
- HSBS tools & resources



## Benefits of serving as a HSBS Physical Activity Consultant

- Honorarium for your work and mileage reimbursement
- National recognition
- Free copies of valuable early childhood movement resources; HSBS logo t-shirt
- Certificate of professional development contact hours
- Letter of commendation to your supervisor



## Position requirements

- Should be an early childhood movement specialist, physical education teacher, work within the field of physical activity for children, or demonstrate related expertise
- Highly encouraged to be a member of AAHPERD (affiliated with NASPE and/or AAPAR)
- If interested, please send a resume to [headstartbodystart@aahperd.org](mailto:headstartbodystart@aahperd.org) by July 31, 2010. *Early responses are greatly appreciated.*