

# Benefits at a Glance

## Make the Most of Your Membership

Knowing your membership benefits will make the difference between just having a membership and having your membership work for you!

### The National Associations of AAHPERD

Membership in AAHPERD is unique in that you can customize your membership at any time to exactly fit your needs. Professional members can select any two – students only one.

- ▶ American Association for Health Education (AAHE)
- ▶ American Association for Physical Activity and Recreation (AAPAR)
- ▶ National Association for Girls and Women in Sport (NAGWS)
- ▶ National Association for Sport and Physical Education (NASPE)
- ▶ National Dance Association (NDA)

*\* Plus, optional membership in AAHPERD's Research Consortium at no additional cost.*

### Membership in Your District Association

#### Your Choice of One of AAHPERD's Informative Journals

- ▶ *Journal of Physical Education, Recreation and Dance (JOPERD)*: This cornerstone journal provides information on a wide variety of the critical issues in the field.
- ▶ *Strategies, A Journal for Physical and Sport Educators*: Bimonthly journal delivering practical ideas, how-to information, and tips for practitioners.
- ▶ *American Journal of Health Education*: The latest health education and health promotion issues with timely, substantive, and thought-provoking articles.
- ▶ *Research Quarterly for Exercise and Sport*: Up-to-date research in the art and science of human movement.

### Newsletters

- ▶ Free with membership, you will receive AAHPERD's *UpdatePLUS* trade magazine in print, plus you'll receive the electronic newsletter *Et Cetera*.
- ▶ Members also receive newsletters from each of the national associations that they belong.

### Legislative Advocacy

- ▶ AAHPERD is your voice, even when you aren't there to be heard, on everything affecting health education, physical education, recreation, dance and sport. Let your voice be heard and check out AAHPERD's legislative action center online.

### Exclusive Members-Only Savings

- ▶ Reduced Registration Fees for Conventions, Seminars, Workshops and Symposia
- ▶ Up to 20% Discounts on Educational Materials and Special Products
- ▶ Access to the AAHPERD store where members find the latest resources with deep discounts
- ▶ Reduced Rates for Health, Auto, Liability and Life Insurance – [www.ftj.com](http://www.ftj.com)
- ▶ Travel discounts – [www.aahperd.org/travel](http://www.aahperd.org/travel)
- ▶ Identity Theft Protection
- ▶ Equipment Discounts

### Networking Opportunities with Colleagues Nationwide

- ▶ Interact with like-minded individuals through your district membership and state affiliates, at conventions, in workshops, and via email discussion groups.

### Career Services

- ▶ Post your resume and search for jobs on CareerLink at [careers.aahperd.org](http://careers.aahperd.org)

### Awards, Grants and Scholarships

### Leadership and Volunteer Opportunities