



## National Association for Sport and Physical Education

*an association of the American Alliance for Health,  
Physical Education, Recreation and Dance*

**NASPE Sets the Standard**

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### TEACHER MATERIAL

#### LESSON PLAN – DAY 1

#### NON-TEACHER CERTIFICATION OR CLASSROOM CERTIFIED TEACHERS

**Student Activity:** **My Vision of Physical Education in 2020 and Beyond**

**Materials:** Computer and Printer

**Objective:** The student will be able to respond to the following essay prompt: If I had only learned this in high school physical education, today I would...

**Instructions:** The undergraduate students, who are studying to become elementary education teachers or are currently enrolled in a physical activity course, are the intended target for this assignment.

This assignment is particularly focusing on the student's grade school and high school physical education experience, and how it compares to what they know now about health-related fitness and other physical education content. The statement should also include their beliefs about quality physical education, as well as address how they will meet the physical needs of today's K-12 students within their own classroom

The essay should be less than 500 words and submitted to the PE2020 website ([www.pe2020.org](http://www.pe2020.org)).