



National Association for Sport and Physical Education

*an association of the American Alliance for Health,
Physical Education, Recreation and Dance*

NASPE Sets the Standard

1900 Association Drive
Reston, VA 20191

Phone: 703-476-3410

Fax: 703-476-8316

Email: naspe@aahperd.org

TEACHER MATERIAL

PETE MAJOR - LESSON PLAN – DAY 1

Student Activity: Teaching Philosophy Statement

Materials: Computer and Printer

Objective: The students will develop a personal philosophy statement about physical education, specifically addressing how they will meet the needs of today's K-12 students.

Instructions: The undergraduate students, who are studying to become physical education teachers we be assigned to write a personal philosophy statement about physical education.

The philosophy statement should include their beliefs about quality physical education program, as well as address how they will meet the needs of today's K-12 students.

The philosophy statement should be less than 500 words and submitted to PE2020 (www.pe2020.org).