



National Association for
Sport and Physical Education

*an association of the American Alliance for Health,
Physical Education, Recreation and Dance*

NASPE Sets the Standard

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*Support the PHYSICAL Act S. 392
Promoting Health as Youth Skills in the Classroom Act*

Sponsor: Senator Tom Udall (D-NM)

Key provisions:

Recognize physical education and health education as core academic subjects within ESEA. Both of these curricular areas meet the characteristics of other academic subjects, including academic content standards, instructional resources, teacher certification, grading, and student assessment. These subjects will have a significant impact on students' educational outcomes and are part of a well-rounded curriculum. The omission of physical education and health education as core academic subjects has provided justification for schools to reduce and/or eliminate these already marginalized programs.

Support the continuation of the Carol M. White Physical Education for Progress (PEP) program as a stand-alone grant program, and reject proposals that would consolidate it with school climate areas, not academic subjects. PEP provides the only federal funding source that supports physical education programs and is often the only source schools have to fund programs, professional development, equipment and technology for sustainable improvements benefiting thousands of students.

Create a grant program that would initiate, enhance and expand health education programs K-12, to enable students to develop health literacy skills, including curricula, professional development, materials, assessments and training. Establishing healthy behaviors during childhood is easier and more effective than trying to change unhealthy behaviors during adulthood. A well-coordinated school health program results in an organized set of courses, services, policies, and interventions that meet the health and safety needs of our nation's youth.

Rename and refocus the Department of Education's Office of Safe and Drug Free Schools as the Office of Safe and Healthy Students to coordinate all activities within the Department, as well as other federal agencies, relating to physical education, health education and health and safety for students.