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The Challenges of Quality Physical Education ... Does Your Program Make a Difference?

THE NASPE STARS PROJECT
EVALUATION OF SCHOOL PHYSICAL
EDUCATION PROGRAMS





AAHPERD Eastern District Association Convention Rye, New York,

The Challenges of Quality PE: Does Your Program make a Difference?

Friday, February 26, 2010 -- 2:30PM-3:45PM

Components of the NASPE STARS project that identify quality PE programs will be discussed. Working toward quality PE programs for *all* students? Learn about the NASPE STARS school self-study process, the benefits to your program resulting from an extensive national review, becoming a reviewer, and the experiences of EDA schools and universities.

- Presenter: Jamie Hitchner, Carroll County Public Schools, MD

OBJECTIVES:

1. Review the NASPE STARS PE program self-study criteria and application process;
2. Explain the reviewer process and feedback to applicants;
3. Describe application of STARS program in PETE and graduate programs;
4. Identify benefits of the program as experienced by EDA schools.

INTRODUCTION: BRIEF OVERVIEW OF THE NASPE STARS PROJECT

- Presenter: Marian Franck, NASPE STARS Project Steering Committee

TOPIC 1: GETTING STARTED: QUESTIONS ABOUT THE STARS SELF-STUDY PROCESS

Presenter: Cindy Lins, NASPE STARS Project Coordinator

Spark Matsunaga Elementary School, Gaithersburg, MD

- "Q & A: Explaining the STARS Criteria"
- "How to get started with a STARS self-study – what's it all about"
- "My school can't meet the STARS criteria. Getting past the problems."
- "The STARS self-study process: involving school staff and officials"

TOPIC 2: NASPE STARS RELATIONSHIP TO PETE PROGRAMS

Presenter: Caroline Kuchinski, East Stroudsburg University, East Stroudsburg, PA

- "What does the STARS project mean for PETE programs?"
- Using the STARS criteria in the PETE and graduate courses"

TOPIC 3: THE REVIEW PROCESS: TIPS FOR SUCCESS

Presenter: Bonnie Doran, PE Coordinator, DOE, CT

- "Hints for success from the reviewers"
- "Become a reviewer"

TOPIC 4: CHAT WITH A WINNER: EDA-AAHPERD NASPE STARS SCHOOL

- STARS school shares experience and portfolio
- Review portfolio and discuss the application and resubmission experience
- Learn of the benefits of application

- Presenter: Jamie Hitchner, Taneytown Elementary School, Carroll County Public Schools, MD

TOPIC 5: CREATING YOUR SCHOOL'S NASPE STARS ELECTRONIC PORTFOLIO (E-FOLIO)

- "Preparing, saving, and submitting your school STARS evidence portfolio electronically"
- NASPE STARS SCHOOL EFOLIO template and directions now online at:

www.aahperd.org/naspe/stars/apply.html

- PRESENTER: Marian Franck, NASPE STARS Steering Committee

SUMMARY: QUESTIONS AND ANSWERS

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Presenters:
Marian Franck
NASPE STARS Steering Committee
Bonnie Doran
PE Coordinator, DOE, CT
Jamie Hitchner
Taneytown Elementary School, MD
2009 STARS School
Carolyn Kuchinski,
East Stroudsburg University, PA
Cindy Lins
NASPE STARS Project Coordinator
Montgomery Co Public Schools, MD

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NASPE QPE INITIATIVES

OUTCOMES PROJECT: Defined the physically educated person

NATIONAL PHYSICAL EDUCATION STANDARDS: Identified content

ASSESSMENT PROJECT: PE Metrics
Assessing Student Achievement

STARS Project: Identifies quality physical education programs

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NASPE/STARS PROGRAM PURPOSE

- Define a quality physical education program;
- Identify quality physical education programs across the country;
- Provide models of program excellence;
- Raise the bar for all physical education programs.

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The NASPE/STARS School Program Evaluation

- Recognizes physical education programs of excellence through a process of self assessment by the school physical education faculty;
- All physical education teachers of the school are included in the application process: planning, and preparation of evidence regarding 31 criteria.

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LEVELS OF EXCELLENCE

STARS

- **31** Criteria arranged in 6 categories
- Maximum of 1 NO STARS score in no more than 3 categories
- Score average of 1.5 or higher to achieve STARS status
- Applications due October 15
- Scores may be “banked”
- Criteria may be re-submitted within 18 months to achieve higher score
- STARS award status maintained for 5 years

SuperSTARS

- Have a current STARS score of at least 2.5 to apply
- SuperSTARS award status maintained for 5 years
- Site visit is required

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The NASPE/STARS Program

- Electronic Portfolio of evidence is reviewed by a national review team;
- Establish baseline data on quality of PE program;
- Final report provides detailed feedback of the review;
- National recognition: at AAHPERD Convention, press releases to local officials and local and national media;
- Award packet: banner, pin, teacher certificates, various NASPE publications, equipment discounts;
- Anticipated results: advocacy for program; program improvements; recognition as a model program.

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BENEFITS OF SELF STUDY

- Provides a guide to physical education department for curriculum and program review
- Establish baseline data on quality of PE program
- First step to revise and improve curriculum and program
- Professional growth experience for each teacher
- Building the portfolio is a great staff team builder
- Receive resources to support your program
- Share valued components of your program with school and community
- Become a model for other schools to follow

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STARS APPLICATION PROCESS(1)

Visit the NASPE/STARS web site:
<http://www.aahperd.org/naspe/stars/>

Click on **“APPLY”**

<http://www.aahperd.org/naspe/awards/recognition/Programs/STARS/apply.cfm>

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www.naspeinfo.org

National Association for Sport and Physical Education
an association of the American Alliance for Health, Physical Education, Recreation and Dance

NASPE Sets the Standard

stars

1900 Association Drive
Reston, VA 20191
Phone: 703-476-3410
Fax: 703-476-8316
Email: naspe@aaahperd.org

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- Rewarding Excellence in Physical Education -

How to Apply

1. Read the [Application Instructions](#)
2. Review the [Criteria Chart](#)
3. Select a contact person from your school
4. Submit an [Intent to Apply](#) form
5. Complete [application form](#) with payment
6. Complete and send your school's [STARS efolio](#) to NASPE by October 15th (see the [application instructions](#) for complete information and details)

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NASPE STARS
Application Instructions
A complete overview of the STARS process



The CRITERIA CHART, PACING GUIDE, ACTION PLAN, INTENT TO APPLY, and RESUBMISSION PROCESS referenced in this document can all be found online at <http://www.aahperd.org/naspe/awards/recognitionPrograms/STARS/apply.cfm>.

- **Before your school applies**
- **Creating your school's NASPE STARS electronic portfolio (e-folio)**
- **Sending materials to NASPE**
- **Review and Scoring of your school's STARS e-folio**


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Before your school applies

1. This is a school award.
 - All members of your department must agree to be a part of the application process. Review the CRITERIA CHART together
2. Determine a realistic year of application
 - Submission deadline is October 15 each year.
 - Collect your materials during the school year prior to the year you apply.
 - Review the PACING GUIDE for a general idea of the STARS timeline.
3. Select one person to serve as the NASPE contact person.
 - Communicates with NASPE.
 - May be any of the teachers, a department chair, or another person who will be responsible for:
 - o organizing the data collection
 - o assembling the e-folio
 - o completing the application form
 - o shipping all materials to NASPE.
4. Contact person should submit an INTENT TO APPLY to NASPE.
5. Review the CRITERIA CHART with others in your school who will be involved with documentation
 - Your principal, guidance counselors, office staff, and maintenance staff.
 - Obtain appropriate permissions (e.g. student privacy permission forms) before beginning the process of collecting evidence.
6. If your school may not be able to achieve STARS, the feedback will be helpful in advocating for change to make your program stronger.

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Intent to apply online form

<http://www.aahperd.org/naspe/awards/recognitionPrograms/STARS/intent.cfm>

You will be asked to indicate your intended date of application:

October 15, 2010
October 15, 2011

Contact information for the "Contact Person" for your department
Contact information for your school

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Creating your school's NASPE STARS electronic portfolio (e-folio)

1. Go to the **APPLY** page and click on **STARS Efolio**
<http://www.aahperd.org/naspe/stars/apply.html>
2. Download the NASPE STARS e-folio template and directions
3. Save all files in one folder.


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NASPE STARS SCHOOL EFOLIO

- All portfolios are to be submitted electronically
- Template is designed to accept PC and MAC Word .doc files
- Begin to prepare now by saving (with back-up on flash drive or disk) criteria evidence
- Look for the NASPE STARS SCHOOL EFOLIO TEMPLATE on the STARS web site

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The slide features a header with the NASPE logo and the text "National Association for Sport and Physical Education" and "NASPE Sets the Standard". To the right, contact information is provided: "1900 Association Drive, Reston, VA 20191", "Phone: 703-476-3410", "Fax: 703-476-8316", and "Email: naspe@aaahperd.org". Below this is a navigation menu with links: [[About](#) | [Apply](#) | [Current Schools](#) | [Sponsor](#) | [In the News](#) | [Events](#)].

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Efolio template down load

- Look at the directory
- Note the icons used for different types of folders: word documents; web pages used to link components of the e-folio to allow interactive viewing
- 0 prefix indicates non-criteria files (e.g. directions, index)
- Lettered Files: A, B, etc. indicate index pages for the 6 criteria categories.
- Numbered Files: 8 Files for each criteria including 2 for each of the following: Requirements (criteria statement); Narrative; Documentation; Examples/Samples. There is one Word.doc file and one web page file for each criteria component.

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CRITERIA CATEGORIES

- A. Program Resources
- B. Professional Preparation & Growth
- C. Program Policies
- D. Curriculum
- E. Instructional Practices
- F. Communication

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Directions for creating the STARS E-folio

- Enter data in a Word .doc file and **SAVE**
 - 4 Separate files: Criteria; Narrative; Documentation; Examples/Samples
- **SAVE again** as a Web page file.

- Navigate through the E-folio using the Web page files (icon with W and Globe).
- Create links: multiple web files; internet sites

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STARS SCHOOLS

2004 12 STARS SCHOOLS

(Pilot 27 criteria)

2005 11 STARS SCHOOLS (27 Criteria)

2006 6 STARS SCHOOLS (31 Criteria)

2007 4 STARS SCHOOLS (31 Criteria)

2008 13 STARS SCHOOLS

(Revised Scoring; 5 Years)

2009 6 STARS SCHOOLS

2010 7 STARS SCHOOLS

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CURRENT STARS SCHOOLS

30 STARS SCHOOLS

ES-19, MS-8, HS-3

17 STATES

CDA MO-2, NE- 1 KS - 1

EDA PA-1, VT-1, MD-1, NJ-1

MWD IL-5, IN-1, WV-1, WI-3

SDA AL-1, FL- 4, GA 1

SWD AZ-1, CA-1

NWD WA- 4

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2007-2010 STARS SCHOOLS

**CHESTERFIELD ELEMENTARY SCHOOL, MO
TARWATER ELEMENTARY SCHOOL, AZ**

**CHIEF KANIM MIDDLE SCHOOL, WA
TURKEY CREEK MIDDLE SCHOOL, FL**

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2008-2013 STARS SCHOOLS

**CHESTERFIELD ELEMENTARY SCHOOL, MO
CARPENTER ELEMENTARY SCHOOL, IL
EUGENE FIELD ELEMENTARY SCHOOL, IL
HAMILTON ELEMENTARY SCHOOL, WA
HORTONVILLE ELEMENTARY SCHOOL, WI
MAY MORLEY ELEMENTARY SCHOOL, NE
MILTON ELEMENTARY SCHOOL, VT
OGLETREE ELEMENTARY SCHOOL, AL
ANTELOPE CROSSING MIDDLE SCHOOL, CA
EMERSON MIDDLE SCHOOL, IL
HORTONVILLE MIDDLE SCHOOL, WI
SELMA MIDDLE SCHOOL, IN
HORTONVILLE HIGH SCHOOL, WI**

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2009-2014 STARS SCHOOLS

**BABLER ELEMENTARY SCHOOL, MO
BLAINE ELEMENTARY SCHOOL, WA
FAIRGLEN ELEMENTARY SCHOOL, FL
FLEETWOOD ELEMENTARY SCHOOL, NJ
TANEYTOWN ELEMENTARY SCHOOL, MD**

FRANKFORT MIDDLE SCHOOL, WV

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2010-2015 STARS SCHOOLS

- Ben Franklin Elementary School (Kansas)
- Dodge Literacy Elementary (Illinois)
- MILA Elementary (Florida)
- Shiloh Point Elementary. (Georgia)
- Turkey Creek Middle School (Florida)
- McDowell High School (Pennsylvania)
- Black Hills High School (Washington)

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- There are some program issues over which we may have little control.
- But, WE CAN ...
- change program components over which we HAVE control.

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NASPE STARS PROJECT – 2006 APPLICANTS ANALYSIS OF SCORES PER EACH CRITERIA																								
STARS CRIT ANAL																								
SCH CODE	YEAR	GRD	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22
1	06	ES	3	3	3	3	3	3	3	3	3	3	3	3	2	2	1	3	2	3	3	3	1	2
1	06	HS	3	3	3	3	1	2	3	3	EX	3	2	2	2	3	3	3	3	3	2	1	2	3
1	06	MS	2	3	3	3	3	2	3	3	3	3	2	1	3	3	3	3	3	2	2	2	1	
1	06	MS	EX	3	3	2	3	2	3	3	3	3	3	3	3	2	3	3	1	3	2	3	1	1
2	06	ES	3	3	3	3	3	3	3	3	3	2	3	3	2	3	2	3	2	3	3	2	2	2
3	06	ES	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3
N	06	MS	1	3	3	3	0	2	3	1	3	1	2	2	3	2	2	2	2	3	1	1	0	1
N	06	ES	2	3	3	1	3	3	3	3	0	1	0	0	2	2	1	1	2	0	0	0	0	1
N	06	MS	0	1	EX	3	3	2	3	2	3	1	3	1	0	3	1	1	3	1	1	1	1	0
N	06	MS	3	0	0	2	0	2	1	3	1	1	1	2	3	1	0	0	2	2	1	1	1	1
N	06	ES	3	3	3	3	3	3	1	1	3	1	3	2	3	2	2	0	3	1	1	1	0	0
N	06	ES	3	3	3	3	3	3	3	3	3	2	3	1	3	2	2	1	3	0	1	1	2	2
N	06	HS	EX	3	3	2	3	1	3	3	3	1	2	0	2	3	1	1	3	2	2	2	2	0
N	06	MS	0	1	3	2	3	2	2	2	EX	1	2	1	2	2	1	0	3	1	0	1	1	2
N	06	ES	3	3	3	3	3	3	3	3	3	2	2	3	3	2	0	3	3	2	1	1	3	2
N	06	MS	2	3	2	3	3	3	3	3	3	1	2	1	2	2	2	0	3	2	0	1	1	0
N	06	ES	1	3	3	1	3	3	3	3	2	1	0	1	0	2	2	3	3	3	0	1	1	1
N	06	ES	1	3	3	3	1	3	1	0	3	1	2	1	EX	1	0	1	1	0	1	0	0	1

18 NO STARS ON CRITERIA RE: PROGRAM SUPPORT RESOURCES AND PROFESSIONAL PREPARATION AND DEVELOPMENT (White Section)
55 NO STARS ON CRITERIA DIRECTLY RELATED TO PROGRAM CONTENT DELIVERY (Yellow)

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NASPE STARS PROJECT – 2006 APPLICANTS ANALYSIS OF SCORES PER EACH CRITERIA																															
STARS CRIT ANAL																															
4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31				
3	3	3	3	3	3	3	3	3	2	2	1	3	2	3	3	3	1	2	1	3	3	3	3	2	3	2	2				
3	1	2	3	3	EX	3	2	2	2	3	3	3	3	3	2	1	2	3	2	2	3	2	2	2	3	3	3				
3	3	2	3	3	3	3	2	1	3	3	3	3	3	3	2	2	2	1	1	3	1	1	1	2	1	2	1				
2	3	2	3	3	3	3	3	3	3	2	3	3	1	3	2	3	1	1	2	3	1	2	2	2	3	3	2				
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3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3				
3	0	2	3	1	3	1	2	2	3	2	2	2	2	3	1	1	0	1	1	0	0	0	0	1	3	1	2				
1	3	3	3	3	0	1	0	0	2	2	1	1	2	0	0	0	0	1	0	1	0	1	0	0	0	1	3				
3	3	2	3	2	3	1	3	1	0	3	1	1	3	1	1	1	1	0	1	0	1	1	0	1	1	1	1				
2	0	2	1	3	1	1	1	2	3	1	0	0	2	2	1	1	1	1	0	0	1	1	1	3	3	3	3				
3	3	3	1	1	3	1	3	2	3	2	2	0	3	1	1	1	0	0	1	0	0	0	0	2	1	1	1				
3	3	3	3	3	3	2	3	1	3	2	2	1	3	0	1	1	2	2	0	1	0	1	0	1	3	1	2				
2	3	1	3	3	3	1	2	0	2	3	1	1	3	2	2	2	2	0	0	1	1	2	0	2	0	1	2				
2	3	2	2	2	EX	1	2	1	2	2	1	0	3	1	0	1	1	2	1	1	0	1	0	2	2	1	2				
3	3	3	3	3	3	2	2	3	3	2	0	3	3	2	1	1	3	2	2	2	3	2	0	2	3	2	3				
3	3	3	3	3	3	1	2	1	2	2	2	0	3	2	0	1	1	0	0	1	0	0	0	2	0	0	0				
1	3	3	3	3	2	1	0	1	0	2	2	3	3	3	0	1	1	1	2	2	3	1	1	1	2	3	3				
3	1	3	1	0	3	1	2	1	EX	1	0	1	1	0	1	0	0	1	0	0	0	0	1	1	1	1	1				

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OTHER PROGRAM TOOLS-- Resources

- Opportunity to Learn Standards
- Appropriate Practices
 - Provide details to clarify requirements of each criteria
- Access to experts through involvement in professional associations
 - Multiple professional publications
 - Colleagues
- Developed curricula: district, state, commercial
- Curriculum assessment tools – CDC PECAT
- PE. Metrics: Assessing Student Achievement (Order: AAHPERD Online Store, Elementary Standard 1 Assessments; Proposed completion all standards K-12, 2010)

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REMEMBER

THE STARS PROGRAM IS A SCHOOL
AWARD

EVIDENCE MUST REFLECT THE WORK
OF EACH AND EVERY TEACHER IN
THE SCHOOL P.E. PROGRAM

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INFORMATION:

WEBSITE

<http://www.aahperd.org/naspe/stars/>

QUESTIONS???

Contact NASPE STARS Staff:

stars@[aaahperd.org](mailto:stars@aaahperd.org)

800-213-7193 Ext 488