



## National Association for Sport and Physical Education

*an association of the American Alliance for Health,  
Physical Education, Recreation and Dance*

**NASPE Sets the Standard**

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**NASPE IS ACTIVELY SEEKING CERTIFIED PHYSICAL BEST SPECIALISTS WHO ARE QUALIFIED TO APPLY FOR THE PHYSICAL BEST INSTRUCTOR TRAINING AT THE 2010 AAHPERD NATIONAL CONVENTION IN INDIANAPOLIS. PLEASE SEE THE FOLLOWING APPLICATION INFORMATION.**

### **Physical Best Instructor Application Information**

#### **Criteria:**

- AAHPERD/NASPE Membership
- Current Physical Best Specialist Certification
- Three years or more teaching experience in HPERD (K-12 – Higher Ed.)
- Physical Best/FITNESSGRAM experience
- Two references from individuals that are knowledgeable about applicant's presentation skills – complete the reference check list
- Signature of good faith - a signature will indicate a willingness and availability to lead workshops for at least the next three years. Upon selection and certification, candidates will complete an apprenticeship with an experienced Instructor and be given an official contract that outlines the Instructor compensation package.
- In addition to the above criteria, geographic need will also play a role in the selection process.

#### **Selection Process:**

- Call for applications conducted via e-mail, NASPE NEWS, PB website, NASPE Listserv, etc. Specific deadlines will be set each year for applications depending upon the date of the Instructor Workshop at the next AAHPERD Convention.
- NASPE staff will briefly review all applications to ensure that individuals meet the outlined criteria. If they do, they will be notified that we have received their application and given the timeline for the decision process. If they do not meet the criteria they will be notified and thanked for their interest.
- The Physical Best Committee will review the application and recommendations and make a final decision on who will be accepted into the next Instructor workshop (Decision at annual meeting or via conference call in late fall/winter).
- NASPE staff will send out personalized decision letters to all applicants.
- Those accepted will be responsible for travel to the 2010 AAHPERD National Convention and will pay the established training fee.
- **2009 application deadline is Friday, December 18.**

## Physical Best/FITNESSGRAM Instructor Resume

Please provide the following information about your qualifications to become a Physical Best/FITNESSGRAM Instructor. Please limit this document to two pages and attach **two** completed reference checklists to this form.

Name: \_\_\_\_\_ AAHPERD Member #: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 Email: \_\_\_\_\_ Day Phone: \_\_\_\_\_  
 Current position: \_\_\_\_\_  
 Length of time at this position: \_\_\_\_\_  
 Description of students you work with in this position: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

- **Presentations**

List up to three presentations (local, state, national), in-services, or workshops (i.e., PTA, school boards, etc.) given in the past 3-5 years, including: date, title, location, technology used and co-presenter(s) for each presentation.

- **Technology Skills**

List technology skills you possess as related to presenting Physical Best workshop information (i.e., Power Point, FITNESSGRAM software, laptop computer, LCD, DVD, CD, etc.):

- **Why do you want to be a Physical Best/FITNESSGRAM Instructor?**

- **Additional Information**

Provide any additional information you think will improve your application to become a Physical Best/FITNESSGRAM Instructor (i.e., certifications, experiences, etc.)

**My signature below certifies that I am willing to lead workshops for at least the next three years pending successful completion of the Instructor Workshop and certification exam and an apprenticeship with an experienced Physical Best Instructor. If my application is accepted and I meet all of the necessary requirements I will be sent a formal contract that outlines my responsibilities and the compensation structure for Physical Best Instructors. My signature signifies my intention to complete these requirements.**

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Signature

Date

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Printed Name

### Physical Best/FITNESSGRAM Instructor Presentation Reference

You have been identified as a reference for \_\_\_\_\_ application as a Physical Best/FITNESSGRAM Instructor. Please complete the following items based on your personal knowledge of the applicant's presentation skills.

Your name: \_\_\_\_\_ Current position:  
Phone number: \_\_\_\_\_ E-mail: \_\_\_\_\_

Length of time you have known this individual:

Your relationship to this individual:

Colleague  
Supervisor  
Mentor  
Student

Number of presentations in the past three years that you have seen this individual present:

Type(s) of presentation you have seen this individual give (all that apply):

Class/Lecture  
State presentation  
National presentation  
Local/Regional presentation

Technology used in observed presentation(s) (all that apply):

DVD  
CD  
Digital video  
Live Internet access/use  
Laptop computer  
LED projector

	<b>Poor</b>	<b>Excellent</b>				
Clarity of oral communication	N/A	1	2	3	4	5
Time management	N/A	1	2	3	4	5
Integration of technology into presentation	N/A	1	2	3	4	5
Overall quality of presentation skills	N/A	1	2	3	4	5
Clarity of oral communication	N/A	1	2	3	4	5
Participant Evaluations (if reviewed)	N/A	1	2	3	4	5

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